

**A GUIDE  
TO SERVICES  
FOR DISABLED  
ALBERTANS**





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# **A GUIDE TO SERVICES FOR DISABLED ALBERTANS**

# INTRODUCTION

In Alberta we are fortunate to have a variety of government and community programs, services and social resources designed to meet the needs of disabled Albertans. In recognition of these needs, the Alberta Government has compiled this introductory reference guide for disabled citizens and service providers.

It is my hope that in providing this information source, we are taking an important step in ensuring that Alberta's social resources are put to effective use.

Dr. Neil Webber, Minister  
Alberta Social Services  
and Community Health

# HOW TO USE THIS GUIDEBOOK

The information within this guidebook is for the benefit of disabled Albertans. We suggest you read through the contents and become familiar with what resources are available for disabled citizens in the province.

The table of contents is grouped into two sections: Part I, An Introduction to Alberta Government Programs and Services for Disabled Citizens; and Part II, A Summary of Resources. Alberta government programs and services are available to all Albertans; the government department resources listed in Part I, however, offer specific information to those persons who are disabled.

A Summary of Resources provides information for obtaining assistance from a number of social resources. These social resources are found by referring to the headings listed in the table of contents for Part II.

We welcome your thoughts and ideas — Did this resource guide benefit you in obtaining information you required? You will find a mail-in response sheet included at the closing of the guidebook. Please take the time to fill it out. Your comments will be helpful in the evaluation of this introductory resource guide.

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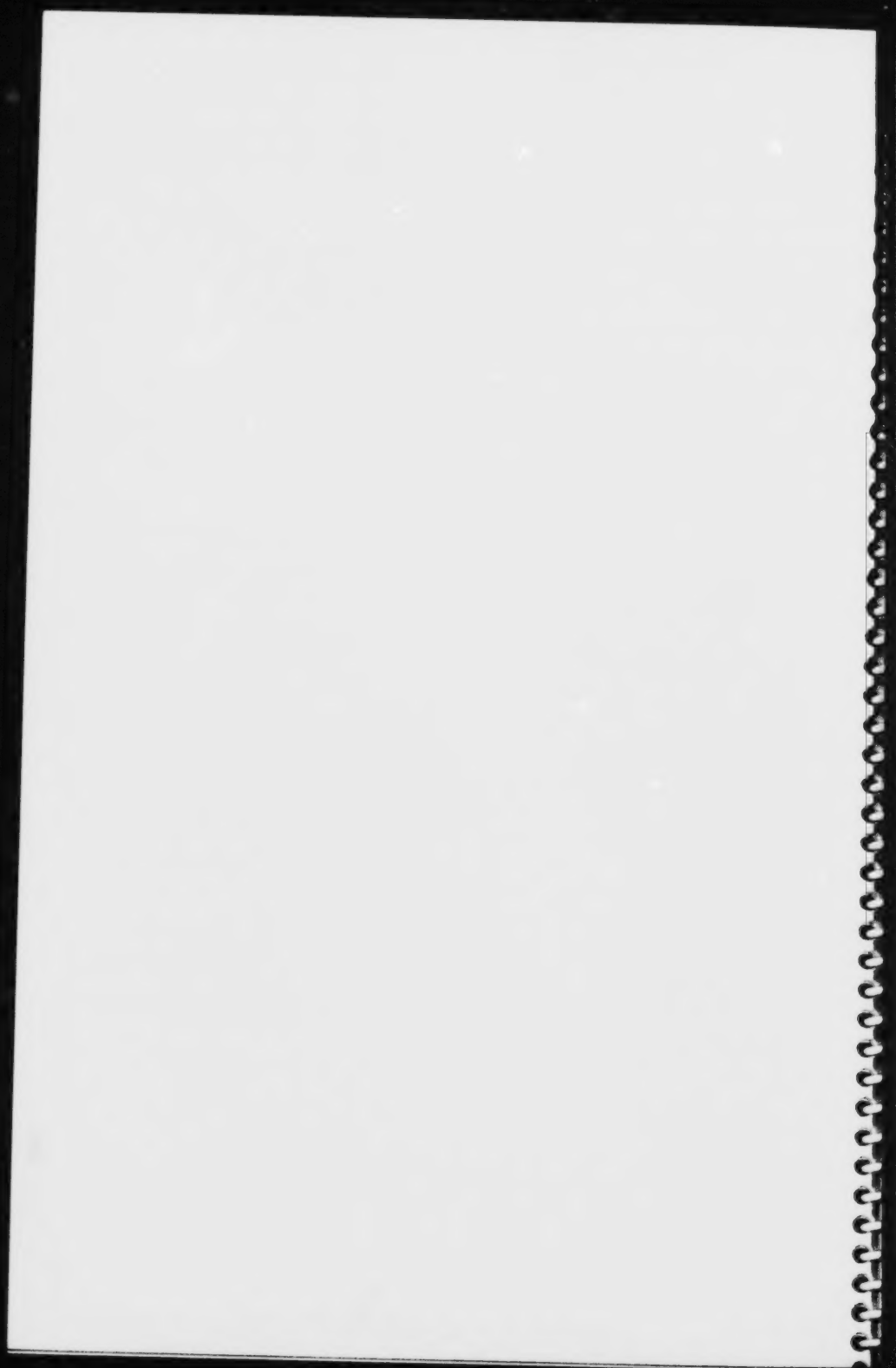
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**PART I**

**AN INTRODUCTION TO ALBERTA  
GOVERNMENT PROGRAMS AND SERVICES  
FOR DISABLED CITIZENS**

# ADVANCED EDUCATION

Alberta Advanced Education is responsible for the coordination and/or provision of a wide range of educational activities. These programs are available through local Further Education Councils, Alberta Vocational Centres, Community Vocational Centres, technical institutes, public colleges, universities and several specialized institutions. The Department also provides some funding for independent colleges. Through the Students Finance Board, the Department administers special grants for disabled students. For information concerning post-secondary institutions, see page 39.

The services and programs of Advanced Education and the province's post-secondary institutions are available to all Albertans. Barriers exist, however, to disabled people who wish to continue their education or gain employment. In order to assist disabled persons to become self-sufficient, the Department and post-secondary institutions have established programs, services and various resources as outlined below.

## A. Education and Training Programs — Courses

Some specially designed occupational training programs, social and personal skills courses are offered to assist disabled persons in developing to their fullest potential (page 44). As well, courses are available through Alberta's Further Education Councils for families with disabled members (*see page 41*).

## B. Financial Assistance for Disabled Students

The Department administers the Vocational Rehabilitation of Disabled Persons program (VRDP). Disabled persons should contact the nearest Alberta Career Centre. Career counsellors make recommendations for assistance under VRDP (*see page 46*).

Sometimes a disability will result in extra costs to a student, or may limit income. Financial assistance in the form of grants, loans, scholarships and bursaries is available through the Alberta Students Finance Board. Contact the Alberta Students Finance Board in Edmonton or Calgary for more information (*see page 41*).

## C. Support Services Available at Post-Secondary Institutions

Some institutions provide services as the need arises, while larger institutions — which are mainly in Edmonton and Calgary — may provide more compre-

hensive programs and services. Institutions may make arrangements for pre-admission planning and orientation, counselling and information services, advocacy services, volunteer learning assistants, learning aids and equipment, skills development workshops, test proctoring, health services, fitness programs, student housing and campus accessibility (e.g. parking, ramps, washrooms, etc.). Contact the registrar's office at the college, university or technical school for information on services for disabled students.

# CULTURE

## A. Alberta Library Services to the Handicapped

Alberta Culture's Library Services to the Handicapped offers books recorded on cassette for distribution and circulation to public libraries throughout Alberta.

Consultative services regarding available reading materials for the visually impaired, are available to public libraries, charitable institutions and government agencies in Alberta.

Short term deposits are available to assist those libraries wishing to establish a Large Print Collection and to assist in arranging large print book exchanges between libraries (*see page 72*).

For more information, contact:

Alberta Library Services to the Handicapped  
Alberta Culture  
16214 - 114 Avenue  
Edmonton, Alberta T5M 2Z5  
Phone: 427-2556

# EDUCATION

Alberta Education offers educational alternatives for children with special needs due to one or more disabling conditions.

## A. Early Childhood Services Branch

The Early Childhood Services Branch provides grants to approved operators of ECS programs on behalf of special needs children.

Operators of ECS programs may be:

- School Boards;
- Incorporated non-profit societies;
- Other Alberta institutions or private schools approved by the Department of Education.

Operators of ECS programs may apply for funding, on behalf of each special needs child, to the ECS branch. To be eligible for funding, a special needs child must be:

- 3 years and 6 months by September 1st of the program year, or
- in the case of hearing impairment, or disabling conditions which result in a high level of dependency, 2 years and 6 months by September 1st of the program year.

Programs to meet the needs of the special needs child are determined by the local ECS operator with the support of local health units (*see page 59*) and other service agencies.

For further information on Early Childhood Services, contact your local Board of Education, or:

Early Childhood Services  
Alberta Education  
10th Floor West, Devonian Building  
Edmonton, Alberta, T5K 0L2  
Phone: 427-2041

## B. Special Educational Services

### 1. Alberta Education Grants

Alberta Education grants are available to support the costs of the special educational needs of physically, mentally, emotionally and learning disabled children of 5½ years and older, who qualify under the guidelines for the grants. The grants also encompass children physically unable to attend school in a classroom setting.

## **2. Program Unit Grant**

Special funds are available through Alberta Education to provide educational programs for children with disabling conditions which are so severe that the child requires a variety of services beyond those provided in regular or special education programs.

The program unit grant can supply the services of a teacher, teaching-aide, therapist, child care attendant, nurse, psychologist, etc., where these services are not readily available.

Requests for program unit grants must be made by the school board on behalf of the special needs child, who must be at least 5½ years old and severely disabled.

## **C. Alberta School for the Deaf**

The Alberta School for the Deaf (A.S.D.) is for children whose hearing handicaps prevent them from participating in the regular school system. These are children whose sense of hearing is nonfunctional; those either born deaf or who lost their hearing in their early years prior to speech and language acquisition.

A.S.D. provides its services for children whose parents are residents of Alberta, but may accept non-Alberta students, often those from the Yukon and Northwest Territories. Dormitories are provided for students who come from outside Edmonton. The students range in age from five to 18 years, although exceptions are made in special circumstances. Individual instruction gives hearing handicapped students the help they need to prepare for further education. A.S.D. graduates may go on to enrol in apprenticeship training programs, or community colleges and university with support services, i.e. interpreters, note takers, etc.

For more information, contact:

The Superintendent  
Alberta School for the Deaf  
6240 - 113 Street  
Edmonton, Alberta T6H 3L2  
Phone: 434-1481

## **D. Library Services**

### **1. Special Educational Materials Resource Centre**

The function of the Special Educational Materials Resource Centre is to provide visually impaired students with educational materials in non-conventional print format, e.g. braille, large print, audio recordings. Specialized equipment, such as T.V. scanners and talk-out calculators and auditory trainers can also be provided to some integrated hearing pupils.

# HOSPITALS AND MEDICAL CARE

The Alberta Department of Hospitals and Medical Care has two divisions, Health Care Insurance and Hospital Services, both directly concerned with the management and on-going development of the health care delivery system in Alberta.

Residents of Alberta registered under the Alberta Health Care Insurance Plan are eligible to receive a wide range of medical and hospital services at minimal or no cost. Some conditions and limits as to coverage or amount of paid benefits may apply in each case. Check with the Department for specific details if required.

## A. Health Care Insurance Services

- medical
- physiotherapy
- specified oral surgery
- extended dental and optical benefits (65 years and older)
- optometric
- chiropractic
- podiatric

These services may be provided at:

- physicians' offices
- medical clinics
- acute and general hospitals
- auxiliary hospitals
- nursing homes
- approved private physiotherapy clinics
- specialty rehabilitation centres

## B. Hospital/Nursing Home Services

All basic inpatient and outpatient services at active treatment hospitals are covered. A moderate per-day charge paid by residents of nursing homes, and after 120 days by patients in auxiliary hospitals, gives access to the regular care and services of these institutions.

Health care and active-treatment hospital services are also available to Alberta residents when they leave the province:

- to travel, for up to one year;

- to go on educational leave, for up to two years;
- to enroll as a full-time student at an accredited educational institute with the intention of returning to Alberta.

**Warning:** Health Care and hospital bills outside Canada may exceed the Alberta rates for payment of claims. Supplementary travel insurance through private insurance companies can increase coverage beyond these limits.

For more information, contact: Alberta Hospitals and Medical Care

**Health Care Insurance**

118th Avenue & Groat Road  
Box 1360  
Edmonton, Alberta T5J 2N3  
Phone: 427-1432

**Hospitals/Nursing Homes**

11010 - 101 Street  
Box 2222  
Edmonton, Alberta T5J 2P4  
Phone: 427-6085

# HOUSING

The Department of Housing is responsible for the development and implementation of housing policy and programs in Alberta.

The Department gathers information, develops policies and programs, administers programs, and coordinates housing matters with other government departments.

Housing programs are delivered by Alberta Home Mortgage Corporation, Alberta Housing Corporation, the Financial Assistance Division of Housing, and by local housing authorities and sponsoring groups.

## A. Financial Assistance Division

### 1. Home Adaptation Program

The Home Adaptation Program has been developed to promote the modification of existing and to encourage the construction of new housing units for occupancy by wheelchair users. This particularly applies to modification to improve wheelchair access to the dwelling and within the home.

Homeowners, tenants and landlords may apply for this assistance. This program is also available to developers, but only if they are producing units for rent; units for sale are not eligible.

To be eligible for the Home Adaptation Program, homeowners and tenants must:

- a) be a wheelchair user or have a wheelchair user in residence.
- b) have resided in Alberta for a minimum of one year prior to making application.
- c) have a current adjusted gross income (AGI) of less than \$25,500.00 per year.

Only one person per household may apply for assistance. Tenants must obtain their landlord's approval of their proposal for home modifications.

Landlords who wish to make application for assistance must meet a) and c) or b) and c) of the following criteria:

- a) be willing to make modifications to existing residential buildings to accommodate one or more wheelchair users,
- b) be willing to have residential accommodations constructed containing one or more dwellings or hostel units for wheelchair users, and
- c) agree to make every attempt to rent modified units to eligible tenants.

All types of housing are eligible, including single family units, duplexes, triplexes, fourplexes, townhouses, condominiums, apartments, mobile homes and hostels.

For more information about the Home Adaptation Program contact:

Home Adaptation Program  
Home Improvement Branch  
Alberta Housing  
11156 Jasper Avenue  
P.O. Box 2453  
Edmonton, Alberta T5K 3B8  
Phone: 427-5760

Grant application forms are also available from organizations providing services to disabled persons.

## **B. Alberta Home Mortgage Corporation**

### **1. Alberta Family Home Purchase Program**

This AHMC program provides mortgage financing to low and middle income Albertans wanting to purchase a home. Loans are available as follows:

**New Homes:** The maximum value (selling price or total cost) cannot exceed \$78,000. The maximum loan amount available is 90% of the home or \$69,333. Each loan is subject to a mortgage insurance fee of 1.25% of the loan amount.

**Existing Homes:** The maximum value (selling price) of an existing home cannot exceed \$64,000. The maximum loan amount available is 90% of the home or \$56,888. Each loan is subject to a mortgage insurance fee of 1.25% of the loan amount.

Subsidies may be provided, depending on the applicant's income. This program is available to married couples, single adults with a dependent child (children), or disabled individuals who are permanently confined to wheelchairs.

Those wishing to apply for the Alberta Family Home Purchase Program or wanting more information should contact an Alberta Home Mortgage Corporation branch office. Please check the yellow pages of your telephone directory under "Mortgages" for the address of the office nearest you.

### **2. Senior Citizen Self-Contained Housing Program**

Low income rental housing is available for senior citizens under the Senior Citizen Self-Contained Housing Program. The units are self-contained

bachelor or one bedroom suites. Each senior citizen development having 20 or more units is constructed with dwellings designed for physically disabled persons. Some smaller projects have specially designed units if the need is identified at the design stage.

Those wishing to apply for Senior Citizen Self-Contained Housing may inquire to:

Alberta Housing Corporation  
Northern Region  
9405 - 50 Street  
Edmonton, Alberta T6B 2T4  
Phone: 468-3535

Alberta Housing Corporation  
Southern Region  
901 Centre Street, North  
Calgary, Alberta T2P 6P3  
Phone: 276-9541

or any other Alberta Housing Corporation office, or to the sponsoring non-profit organization.

### **3. One Third Capital Grant Program**

The One Third Capital Grant Program is intended to promote the construction, by non-profit organizations, of new rental housing for low and moderate income senior citizens. Both lodges and self-contained dwellings are eligible.

For further information on funding, non-profit organizations incorporated under The Societies Act of Alberta should contact:

Alberta Housing Corporation  
Northern Region  
9405 - 50 Street  
Edmonton, Alberta T6B 2T4  
Phone: 468-3535

Alberta Housing Corporation  
Southern Region  
901 Centre Street, North  
Calgary, Alberta T2P 6P3  
Phone: 276-9541

Individuals wishing to occupy a project should apply to the sponsoring non-profit organization.

## **C. Alberta Housing Corporation**

### **1. Community Housing Program**

Rental accommodation for low income families and individuals unable to obtain adequate housing for their needs is available at 25% of household income throughout Alberta.

Housing constructed under the Community Housing Program may be duplexes, fourplexes, or townhouses.

Projects built under the Community Housing Program, with 24 or more dwelling units, must contain units designed for disabled persons. The number of units for disabled persons in such projects is indicated in the following schedule:

- 1 unit for disabled persons in projects of 25 to 50 dwelling units;
- 2 units for disabled persons in projects of 51 to 100 dwelling units;

- 3 units for disabled persons in projects of 101 to 200 dwelling units;
- 4 units for disabled persons in projects exceeding 200 dwelling units.

Those wishing to apply for Community Housing must meet the residency requirements set by the local housing authority. Priority is given to those in greatest need.

For Community Housing, applicants may apply to their local housing authority or contact their nearest Alberta Housing Corporation office.

Alberta Housing Corporation  
Northern Region  
9405 - 50 Street  
Edmonton, Alberta T6B 2T4  
Phone: 468-3535

Alberta Housing Corporation  
Southern Region  
901 Centre Street, North  
Calgary, Alberta T2P 6P3  
Phone: 276-9541

# LABOUR

Recognizing the importance of achieving Alberta's social and economic goals, Alberta Labour designs programs to maximize safety factors in the province's working and living environments, seeks to maintain effective and responsible relationships between labour and management, and ensures the protection of employee rights.

## A. Employment Standards Branch

### 1. Special Employment Programs for the Disabled

The Special Employment Programs section of the Employment Standards Branch administers programs for the employment of mentally retarded individuals in regular industry or in vocational training/sheltered workshop employment programs, at less than minimum wage.

In granting exemptions from the minimum wage, the Branch endorses legitimate employment opportunities and ensures that these individuals receive fair conditions of employment. This combines job functions which provide for individual growth and development with a proportionately graduated rate of pay.

This program is divided into two main components:

"Individual Exemptions" and "Group Exemptions"

#### Individual Exemptions

Application for a minimum wage exemption must be submitted in writing by the prospective employer, the disabled individual, (parent or guardian, where applicable), social worker, or other qualified source.

#### Group Exemptions

Group exemptions are designed to promote employment during the latter stages or immediately following special training and education programs.

Prospective employers (usually the vocational training agency) submit written applications requesting an exemption from the requirements to pay the minimum wage to disabled individuals enrolled in some form of vocational training program which may include a work adjustment or employment segment.

Where applications for individuals or group exemptions are approved, a Permit is issued indicating parameters and conditions of the minimum wage exemption. Such Permits are issued on a fixed term basis and are regularly monitored by the Employment Standards Branch.

For more information about Special Employment Programs for the Disabled, *see page 47*, or contact:

Department of Labour  
Employment Standards Branch  
Special Employment Program  
9th Floor, Room 901  
10808 - 99 Avenue  
Edmonton, Alberta T5K 0G2  
Phone: 427-8541.

## **B. The Alberta Human Rights Commission**

Reporting to the Minister of Labour, the Alberta Human Rights Commission administers the Individual's Rights Protection Act. It investigates and resolves complaints of discrimination, including discrimination on the grounds of physical characteristics.

Anyone encountering discrimination in Alberta is urged to file a complaint with the Commission at either of the following addresses:

Alberta Human Rights Commission  
501, Edwards Professional Centre  
10053 - 111 Street  
Edmonton, Alberta T5K 2H8  
Phone: 427-7661

Alberta Human Rights Commission  
1253 Ford Tower  
633 - 6 Avenue, S.W.  
Calgary, Alberta T2P 2Y5  
Phone: 261-6571

# MANPOWER

Alberta Manpower coordinates the delivery of employment and career development services and regulates the certification of tradespeople.

## A. Apprenticeship and Trade Certification

Through the Apprenticeship and Trade Certification Board and advisory apprenticeship committees, this branch administers the training and certification of tradespeople in 44 trades. Apprentices learn through a combination of on-the-job training and classroom instruction. The Apprenticeship Branch keeps a list of employers who may provide apprenticeship training for physically disabled people (*see page 40*).

## B. Career Counselling and Information Services

Counsellors at Alberta Career Centres throughout the province provide individual assistance to help disabled persons explore their options. They provide career planning information, advice on how to access education and training resources, and a referral service (*see page 46*).

## C. Employment Placement Services

Alberta Manpower provides funding and support for two private employment services in Edmonton. Contact the YMCA and Distinctive Employment Counselling Services (DECSA) for details of their placement services.

The department also shares administrative responsibility for a federally-funded program, Canada Manpower Industrial Training Program (CMITP), which provides wage subsidies as an incentive for employers to provide on-the-job training for disabled adults. Contact a Canada Employment Centre for details.

# PERSONNEL ADMINISTRATION OFFICE

## A. Special Placement Program

Understanding the difficulties encountered by some individuals in securing employment, the Special Placement Program offers assistance, in obtaining and maintaining meaningful employment within the Alberta Public Service, to the following groups of citizens.

1. Physically disabled
2. Mentally disabled
3. Socially disadvantaged
4. Forty-five years of age and over

Clients may be referred from all social services agencies, health and educational institutions, or any agency involved with the rehabilitation of an individual. Clients may make application on their own.

Several interviews may be required to establish a client's capabilities, expectations, career goals, education, work experience, etc., to identify the type of work most suitable to his abilities.

If a client is assessed as employable in the types of positions available within the Alberta Government, a search for an appropriate vacant position will be initiated. However, it is expected that the client would continue to seek other opportunities for employment as well.

Vacant positions in the Public Service are normally filled through the competitive procedure. A candidate is selected on the basis of experience, skill and ability to perform the required duties of the position.

Once a client is placed in a Public Service position, a Placement Officer provides follow-up care for the client and assistance to the supervisor. Clients must complete a satisfactory probationary period, as do all employees, before a permanent appointment is made.

For further information contact:

Special Placement Program  
Personnel Administration Office  
10th Floor, Jarvis Building  
9925 - 107 Street  
Edmonton, Alberta T5K 2H9  
Phone: 427-2168

# RECREATION AND PARKS

Alberta Recreation and Parks promotes and assists in the development of recreational opportunities for Albertans. The department also plans, develops and manages provincial parks and outdoor recreational sites throughout the province.

## A. Provincial Parks

The Department plans and manages provincial parks and outdoor recreational sites to provide enjoyable outdoor recreational opportunities to all Albertans, as well as to conserve sites of historical, geological, cultural, scientific and ecological interest.

Accessibility of facilities within these sites is a major concern to the department. In the past, the focus has been on wheelchair accessibility; attempts are now being made to expand this service to include other disabled groups.

## B. Recreation Development

The Recreation Development Division deals primarily with local recreation authorities and provincial recreation associations in an attempt to 'bridge the gap' between recreation service providers and disabled persons.

The department, through its recreation planning centres, also provides technical planning information on indoor and outdoor recreation facilities to architects, consultants, developers, and communities.

Within the Recreation Development Division, Recreation Services to Special Groups strives to increase the availability of recreation programs and services to disabled Albertans.

Parent groups, social service agencies and educational institutions are urged to utilize available resources including consultant services. Both human and informational material on program and design, facility adaptation, organizational development and sources of available funding are provided.

### 1. Leadership Development

Based on the premise that competent leadership is a vital part of any successful recreation program, leadership development may take the form of physical skill acquisition, human relations training, programming skills and instructional techniques. Leadership development opportunities are structured to meet the needs of specific groups requesting service. It may take the form of in-service training sessions; regional, area and provincial workshops; seminars and conferences.

### 2. Information Services

A large computerized resource system maintains contact with other large resource centres in North America. The system, with a major emphasis on

program activities and alternatives for disabled persons, consists of films, slide/tape presentations, tapes, resource books, articles, manuals and pamphlets. This service is free of charge to interested individuals and groups.

These programs may be utilized by agencies and organizations representing disabled persons. Groups must meet the requirements of the program, such as incorporation, promotion of a recreation mandate, etc. They must also receive the endorsement of local recreation authorities or the Provincial Recreation Association.

Inquiries can be made by contacting:

Alberta Recreation and Parks  
Standard Life Centre  
10405 Jasper Avenue  
Edmonton, Alberta T5J 3N4

## **C. William Watson Lodge**

The William Watson Lodge is a day-use and overnight lodge complex for use by people who need special accommodation because of physical disabilities or other disadvantages.

The lodge is situated in Kananaskis Provincial Park, on high ground overlooking the Lower Kananaskis Lake, and with a view of the Spray Mountain range. The indoor facilities and outdoor grounds of the complex have been designed to present as few difficulties as possible to wheelchair users or others who are limited in mobility.

The lodge is a home-away-from-home for people who might otherwise be unable to enjoy a comfortable stay in a wilderness setting. Families or friends of the lodge residents with special needs are welcome to use the lodge, as are organized groups of persons with special needs and those who assist them.

For further information or reservations, contact:

William Watson Lodge  
Kananaskis Provincial Park  
General Delivery  
Seebe, Alberta T0L 1X0  
Phone: 591-7227 or 591-7222

# SOCIAL SERVICES AND COMMUNITY HEALTH

## A. Social Services

### 1. Assured Income for the Severely Handicapped

The AISH Program — Assured Income for the Severely Handicapped — guarantees a level of income equal to current benefits available to Alberta's senior citizens.

#### Benefits

The monthly maximum level of financial benefits, as of January 1, 1983, is \$575.00.

For qualifying persons, medical benefits are provided to the recipient, spouse and dependents under 18 years of age, living in the same residence. Alberta Health Care Insurance coverage, prescription drugs, dental services, ambulance service and eye glasses may all be provided.

If disabled persons cannot meet their total financial needs from AISH benefits they can apply for social allowance and may receive additional benefits.

#### Conditions of Eligibility

Eligibility for benefits under AISH is determined by examining the following conditions:

1. Applicants must be 18 years of age or older and must not be eligible for the federal Old Age Security Pension.
2. An examination by a medical doctor to establish the degree of the disabling conditions.

Applicants must have a severe physical or mental disability which substantially limits their ability to earn a livelihood. The disability must be a permanent condition for which there is no remedial therapy available in Alberta.

The applicant must also demonstrate having reached maximum employment potential and full utilization of all appropriate rehabilitative resources available within the Province of Alberta.

3. An interview with a department social worker to evaluate the social and financial status of the applicant.

The applicant's income, and the income of a spouse, is taken into consideration when determining eligibility and the level of benefit that the severely handicapped individual is entitled to receive. Some types of

income are exempted when calculating the level of AISH benefit. Assets of either the applicant or spouse do not affect eligibility or benefit levels.

Persons residing in an institution where their total needs are provided such as Alberta Hospital or Michener Centre, do not qualify for AISH benefits. However, persons in certain care facilities, such as nursing homes and auxiliary hospitals, can receive a monthly modified disability benefit. Further details may be obtained by contacting the nearest District Office of Social Services and Community Health (*see page 51*).

### **How to Apply**

To apply for AISH benefits, contact your local District Office of Social Services and Community Health (*see page 51*). An application form and social report will be completed by a social worker. A medical report is required and will be completed by a physician of the applicant's choice. The cost of obtaining the medical report will be paid by Alberta Social Services and Community Health.

All documents and information will be reviewed by a Medical/Social Review Board which must include at least one physician. If the applicant is not satisfied with the decision relating to eligibility, level of benefit, or any other matter under the Assured Income for the Severely Handicapped Act, an appeal may be made.

Information regarding the appeal procedure can be obtained from any District Office of Social Services and Community Health (*see page 51*).

For more information about the AISH program, contact:

Alberta Social Services and Community Health  
Income Security Program  
10030 - 107 Street  
Edmonton, Alberta T5J 3E4  
Phone: 427-6405

## **2. Children's Services**

### **a) Handicapped Children's Services Program**

The Handicapped Children's Services Program applies to disabled children in Alberta under 18 years of age who require social services or care.

To determine eligibility, the child must be assessed by a competent authority to be disadvantaged by reason of chronic physical disability, and/or mental deficiency.

Parents maintain guardianship rights and are responsible for providing the basic care for the physical, emotional and developmental well-being of their disabled child.

The H.C.S. Program provides financial support on a cost shared basis with families for:

— transportation to medical treatment and therapy program

- transportation and subsistence for required medical treatment out-of-province
- specialized residential accommodation including foster care; this may include temporary placement for parental relief
- dental treatment, where the primary disability necessitates this care, eg. leukemia
- rehabilitation aides in day/education programs when need cannot be met by regular staff
- in-home assistance, e.g. homemaker, babysitter
- specialized diagnostic and therapeutic services

To receive more information or to apply for assistance through the H.C.S. Program, parents should contact their local District Office of Social Services and Community Health (*see page 51*).

**b) Specialized Foster Care**

For children, aged birth to eighteen years, to reside in foster care, they must have been placed through Custody By Agreement, Handicapped Children's Services, Apprehensions, Temporary Wardship Orders or Permanent Wardship Orders.

The Specialized Foster Care program acts as a substitute family for disabled children when their own family is unable or unwilling to assume responsibility for the day to day residential care of the child.

Specialized Foster Care may provide a residential option where the child requires specialized support services not available within the child's community, and therefore must live away from home.

For more information about specialized Foster Care, contact your local District Office of Social Services (*see page 51*).

### **3. Residential and Special Services for Handicapped Albertans**

The Department endeavors to ensure that a comprehensive system of services for disabled persons is readily available throughout Alberta. Staff work along with the community, as well as other government agencies, to promote the functional independence of disabled persons.

Staff work out of District Offices (see list following) to provide:

**a) Community Service Development and Delivery, which includes:**

- working with the community to assess the needs of its disabled members
- identifying existing resources which are available or could be extended to the disabled and their families

- exploring ways of developing further services and sources of funding
- providing financial or other assistance for the development of residential and other support services.

**b) Client Services Co-ordination, which:**

- ensures disabled adults access to services to meet their individual needs.

**c) Program Specialists, who:**

- provide expertise at the regional level in the areas of Child Development and Residential Services.

Client services and program development staff are located in the following District Offices:

|                |                                                                                                       |
|----------------|-------------------------------------------------------------------------------------------------------|
| Edmonton       | 7th Floor, 108th Street Building<br>9942 - 108 Street<br>Edmonton, Alberta T5K 2J5<br>Phone: 427-2817 |
| Calgary        | 3rd Floor, Hillhurst Building<br>301 - 14 Street, N.W.<br>Calgary, Alberta T2N 2A1<br>Phone: 261-7584 |
| Grande Prairie | 3rd Floor, Nordic Court<br>10014 - 99 Street<br>Grande Prairie, Alberta T8V 3N4<br>Phone: 539-2114    |
| Lethbridge     | 1st Floor, Sun Centre<br>530 - 8th Street, South<br>Lethbridge, Alberta T1J 2J8<br>Phone: 329-5500    |
| Medicine Hat   | 231, 631 Prospect Drive, S.W.<br>Medicine Hat, Alberta T1A 4C2<br>Phone: 529-3657                     |
| Red Deer       | 4920 - 51 Street<br>Box 5002<br>Red Deer, Alberta T4N 5Y5<br>Phone: 343-5473                          |
| St. Paul       | 2nd Floor, Provincial Building<br>5025 - 49 Avenue<br>St. Paul, Alberta T0A 3A0<br>Phone: 645-4475    |

**d) Funded Programs**

The department provides funds for communities to provide residential and residential support services for disabled persons. These programs include community residences, approved homes, and outreach support.

#### **e) Direct Operations**

The department operates the following institutions and residences to serve the specialized needs of disabled citizens in the province.

|                                         |            |
|-----------------------------------------|------------|
| Michener Centre                         | Red Deer   |
| Baker Centre                            | Calgary    |
| Eric Cormack Centre                     | Edmonton   |
| Wetaskiwin Centre                       | Wetaskiwin |
| Community Behavioral Services           | Edmonton   |
| Resources for the Dependent Handicapped | Edmonton   |
| Rosecrest Home                          | Edmonton   |

Admissions to these facilities are arranged by the District Office in your area (*see page 51*).

#### **f) Integrated Day Care**

The Integrated Day Care Program is designed for developmentally or physically disabled children. The program provides social interaction and special program intervention for preschool children in a day care program with special aides.

#### **g) Specialized Day Care**

The Specialized Day Care Program provides for severely or profoundly disabled children in Calgary and Edmonton. The program fosters development by the children in a segregated setting rather than generic day care.

### **4. Rehabilitation Services**

When an individual becomes disabled and is unable to return to his previous employment, Rehabilitation Services can provide access to training in new marketable skills.

Vocational rehabilitation programs, (designed to help disabled persons develop their abilities and prepare them for gainful employment) are available throughout Alberta (*see pages 50 and 51*).

#### **a) Vocational Training Section**

##### **Vocational Training Program**

The Vocational Training Section assists in the development, and ensures the delivery, of a comprehensive system of community based vocational preparation options. The Vocational Training Programs prepare those residents of Alberta (sixteen years of age and older), whose options are restricted due to mental retardation, emotional disabilities or physical disabilities, for suitable, competitive employment.

#### **b) Vocational Services Program**

Training is provided to disabled adults through four types of programs in Alberta:

##### **1) Activity Centres**

Activity Centres are designed for severely handicapped individuals; Activity Centres stress interpersonal relationships, social skills, and

independent living skills rather than employment-oriented production goals.

**ii) Vocational Training Programs**

Vocational Training Programs are designed to assist a trainee improve work, social, interpersonal and communication skills related to employment.

**iii) Vocational Rehabilitation Programs**

Vocational Rehabilitation Programs provide short assessment and work adjustment training to increase a client's employment potential.

**iv) Work Activity Program**

The Work Activity Program provides services to the complete continuum of clients to improve work and social skills related to employment.

The District Office in your area can provide you with information about existing vocational programs, and can assist you in initiating new programs which may be eligible for funding (*see page 51*).

**c) Employment Opportunities Program**

The Employment Opportunities Program makes available to disabled individuals counselling, assessment and referral to training and placement opportunities.

For more information about the Employment Opportunities Program, contact your local District Office of Social Services and Community Health (*see page 51*).

## **5. Public Guardian**

Guardianship is a legal device which gives one individual, the guardian, the legal right to make decisions on personal matters on behalf of another person, a dependent adult. This should only be considered when all other options for protection of the dependent adult have been discounted.

Dependent adults (people 18 years or older) who require a guardian must be legally assessed (by a district court judge) to be "in need" of a guardian because they are:

- a) unable to care for themselves, and
- b) unable to make reasonable judgements in some or all matters related to themselves.

The power and authority given the guardian must always be exercised in the best interest of the dependent adult, and in such a way as to encourage the dependent adult to become as independent as possible. The guardian's area of responsibility will be determined by the judge. If the dependent adult requires some guidance and protection, a partial guardian may be appointed. If full protection and guidance is required, a plenary guardian (full guardianship, excluding financial matters) may be appointed.

Parents or other family members (18 years of age or older) may apply to be appointed as guardians. If family members are not available, any

interested individual may make application for guardianship. Review of guardianship occurs every three years, (or sooner, if requested), at which time the actions of the guardian and the progress of the dependent adult are considered.

The Public Guardian of Alberta may be appointed if no family member or private individual is willing to accept the responsibility of guardianship. The Public Trustee, in the Attorney General's Department, may be appointed to administer the financial affairs of individuals who require assistance in this area only.

Referrals are made to the Public Guardian office closest to where the dependent adult resides.

For more information, contact:

|                  |                                                                                                      |
|------------------|------------------------------------------------------------------------------------------------------|
| Head Office:     | 2nd Floor, Provincial Building<br>4920 - 51 Street<br>Red Deer T4N 6K8<br>Phone: 343-5165            |
| Calgary          | 2nd Floor, Executive Place<br>731 - 6th Avenue, S.W.<br>Calgary T2P 0V1<br>Phone: 261-3364           |
| Southern Alberta | 5th Floor, Professional Building<br>740 - 4th Avenue, South<br>Lethbridge T1V 0N9<br>Phone: 329-5648 |
| Edmonton         | 2nd Floor, Executive Building<br>10105 - 109 Street<br>Edmonton T5J 1M8<br>Phone: 427-0017           |
| Central Alberta  | 2nd Floor, Provincial Building<br>4920 - 51 Street<br>Red Deer T4N 6K8<br>Phone: 343-5165            |

## **B. Health Services**

### **1. Community Health Services**

Alberta's community health system is delivered through the 27 Local Health Authorities and the Community Health Services Branch.

The role of the Community Health Services Branch includes coordination, consultation, program development, evaluation and financial control; the Local Health Authorities are funded entirely by the provincial government.

Optional programs offered by some local health authorities and the Community Health Services Branch are: Family Planning, Speech Therapy and Audiology, Nutritional Counselling, Dental Services, Early Intervention and Hereditary Diseases counselling.

### **a) Coordinated Home Care Programs**

The Coordinated Home Care Program is operated through the Local Health Authorities', except in Edmonton and Calgary where they are operated by Local Boards of Health (*see page 59*).

An individual can be referred to the Home Care Program by a person or agency in the community, by a physician, by a health institution, or by self-referral. The Home Care Coordinator will assess the individual to establish whether or not a medical need exists. A medical referral is required before treatment can commence. Medical services, provided free of cost, may include nursing, occupational therapy, physiotherapy, respiratory therapy or speech therapy. Support services such as homemaker, home help, and meals-on-wheels are provided free for the first two weeks on the program, and thereafter paid for on a sliding fee schedule based on the number of people in the family and the net family income.

### **b) The Alberta Aids to Daily Living Program**

The Alberta Aids to Daily Living Program is available for Albertans with medical conditions of a long-term nature, registered under the Alberta Health Care Insurance Plan. The primary objectives of the program are to assist disabled or chronically ill individuals to live independently in the community and to remove the financial burden incurred by obtaining medical appliances, equipment and supplies. Applicants must not be receiving benefits under Extended Health Benefits, Workers' Compensation, private insurance plans, nor be eligible for similar benefits under Federal Government programs.

To determine eligibility for the program, contact the local health unit or the local Board of Health, (*see page 59*) or your physician. To obtain more information about the Alberta Aids to Daily Living Program, contact:

Alberta Aids to Daily Living  
Information Office  
10030 - 107 Street  
Edmonton, Alberta T5J 3E4  
Phone: 427-0731

### **c) Extended Health Benefits Program**

The Extended Health Benefits Program provides benefits for certain health services which are not covered under the Alberta Health Care Insurance Plan, the Alberta Blue Cross, or other health programs available to residents of Alberta.

The program offers benefits such as eyeglasses, dentures, hearing aids, medical equipment, surgical and medical supplies, and appliances. As there are limits to what the program will pay, it is always wise to discuss financial arrangements with the practitioner from who you wish to obtain the service.

The Extended Health Benefits Program is made available to Alberta residents 65 years of age or more, their spouses and dependents

(whether 65 years of age or not) and registered under the same Alberta Health Care Insurance registration.

For more information, contact:

The Extended Health Benefits Program  
P.O. Box 1376  
Edmonton, Alberta T5J 2Y6  
Phone: 427-1470 (Edmonton)  
261-6411 (Calgary)

#### **d) Community Health Nursing Services**

Community Health Nursing Programs are a major component of the preventive health services offered by the 27 local health authorities of Alberta to citizens of all ages and functional ability. Nursing programs are identified by the age of the recipient population: maternal and infant, preschool, school and adolescent, adult, and geriatric. Although tailored to each age group, the activities that make up the Community Health Nursing Programs are common to all and include:

- health education for groups and individuals;
- assessment of health status;
- communicable disease control, including immunization;
- screening to provide early identification of certain treatable abnormalities or diseases; and
- individual counselling on health matters.

More information regarding these services may be obtained by contacting the Local Health Authority in your area (*see page 59*).

#### **e) Community Health Nutrition Programs**

Community health nutritionists provide consultation to professionals, and counselling to groups and individuals on such matters as general nutrition, infant and child feeding, nutrition for seniors, food budgeting and special diets. The nutritionists are also available to provide consultative services on nutrition and dietetics to personnel in group homes and institutions of Alberta Social Services and Community Health. These services can be accessed via the nutritionists with local health authorities, and the provincial nutrition consultants in the Department.

#### **f) Special Diet and Drug Program**

Special dietary items are provided free of charge to children with phenylketonuria and other related inborn errors of metabolism. Specified drugs are provided free of charge to children suffering from cystic fibrosis and rheumatic fever.

#### **g) Speech Pathology and Audiology**

Speech Pathology and Audiology assessment and treatment are available throughout Alberta for anyone, child or adult, with a speech or hearing problem through the local health authorities. Disorders treated include articulation, language, stuttering, voice and hearing.

### **h) Cleft Palate Program**

The Cleft Palate Program pays all dental expenses of persons with cleft palate and/or lip syndrome who are registered with the cleft palate clinics. For more information on eligibility, contact the family dentist, physician or the local health authority (*see page 59*).

### **i) Early Intervention Program**

The Early Intervention Program provides home based support for families with developmentally delayed children from birth to three and a half years of age. The goal is to help the family maximize the young handicapped child's potential through developmental activities and utilization of existing community resources. Currently the program is operated through six health units and four other community agencies.

### **j) Dental Services for Handicapped Children**

Comprehensive, basic dental services are provided to children 0-17 years of age with primary disability, excluding those in institutions. Patients are expected to pay \$75.00 per child per year by reimbursing the Department of Social Services and Community Health. For more information, contact the family dentist.

### **k) Hereditary Diseases Program**

The Hereditary Disease Program is a comprehensive, coordinated program which integrates all aspects of care for hereditary diseases. The program is available to all families and individuals with a hereditary disease, and/or history of hereditary diseases.

Initial individual and/or family assessment and counselling is done in conjunction with family physicians, local health authorities, and the regional Genetics Clinics in Edmonton and Calgary (*see page 58*). The other components of the program include: laboratory service, follow-up program, research, and liaison with specialty clinics and volunteer agencies.

### **l) Tuberculosis Control Program**

Tuberculosis treatment is available to persons who have T.B., have had T.B., or are in contact with T.B. patients. If necessary, referrals for treatment will be made to specialized clinics in Edmonton and Calgary which have an on-going T.B. Control Program. The Specialized Clinics may recommend treatment to the local health authority, if an individual is unable to attend a special clinic for treatment.

## **2. Community Social Services**

### **a) Family and Community Support Services**

The goal of the Family and Community Support Services Program (FCSS) is to provide support to individuals, families, special needs groups and/or the community as a whole, in order to prevent social breakdown. If a municipality wishes to have the program, the municipi-

pality enters into an agreement with the Province of Alberta. The Province provides funding according to an established formula.

The FCSS program can address all age groups. Examples of FCSS programs a municipality may choose to offer are: parent/child development, home support, family and individual counselling, volunteer development, and youth development. A particular municipality would not have all of these programs. Each municipality develops its FCSS program according to local priorities.

Community residents will find opportunity to become involved in the planning and development of community support services, and to participate in the provision of those services which have been initiated.

As well as assisting communities in identifying their needs, municipal FCSS programs can help citizens contact other persons, organizations, and agencies with similar concerns. Individuals may contact their nearest FCSS office to obtain information regarding the availability of specific services for the disabled within their community.

For more information about FCSS programs, contact:

Family and Community Support Services Branch  
Alberta Social Services and Community Health  
7th Floor, Seventh Street Plaza  
10030 - 107 Street  
Edmonton, Alberta T5J 3E4  
Phone: 427-2800

For a list of Municipal Offices of FCSS, (see page 65), or call the Government Information Office in your area (see page 67).

### **3. Mental Health Services**

The Department works to ensure a broad range of institutional and community based services to Albertans suffering from mental illness.

#### **a) Institutional Services**

The Department currently operates Care Centres at Camrose (Rosehaven), Claresholm and Raymond. The mental health hospitals (Alberta Hospital, Edmonton and Alberta Hospital, Ponoka) formerly operated by Alberta Social Services and Community Health are now operated by community Boards under the jurisdiction of the Department of Hospitals and Medical Care.

The three Care Centres provide services to patients who require an intermediate level of care for an extended period of time. Rosehaven Care Centre, located in Camrose, provides care to approximately 289 elderly patients. Claresholm Care Centre in Claresholm provides longer term care to approximately 240 patients.

Raymond Home is a smaller institution with 55 patients who require assistance and protection in an informal, less institutionalized setting.

For more information about the mental health services provided by these institutions, please contact:

Rosehaven Care Centre  
4612 - 53 Street  
Camrose, Alberta T4V 1Y6  
Phone: 672-3165

Raymond Home  
Raymond, Alberta T0K 2S0  
Phone: 752-3316

Claresholm Care Centre  
Box 490  
Claresholm, Alberta T0L 0T0  
Phone: 625-3301

## **b) Community Services**

The Department of Social Services and Community Health through its Community Mental Health Clinics, has the responsibility of ensuring the availability of treatment services to all areas of the province, both urban and rural. Community Mental Health Services are delivered through nine Mental Health Clinics (*see page 75*), and some thirty sub-offices, as well as through regular visits by professional teams to the smaller rural centres. Services are free and consist of assessment and diagnostic services, as well as counselling, family intervention and treatment of more severe emotional disorders.

Individuals may refer themselves if they feel in need of a service, and referrals are also accepted from health care professionals and social agencies.

In addition to the five institutional programs and the community mental health clinics throughout the province, the Department of Social Services and Community Health, through its Funded Agency Program, provides funds in the form of grants or contracts to community programs which provide either support services in the area of rehabilitation and treatment, or mental health public education and research.

Two categories of rehabilitation and treatment support service programs are funded: Community residences and non-residential programs.

Of the community residences, 91 are approved homes, each with an average of 2.9 beds. These residences are generally not approved for more than four residents. The residents, in general, are discharged patients who require a family-like environment.

There are 16 other community residences, generally supporting five to twenty-five residents who either have been discharged from hospital or who likely would have been admitted to hospital if a place in a group home were unavailable. A high percentage of the children and adolescents in Mental Health Residences, would, without the treatment they are receiving, in all likelihood be admitted to psychiatric facilities later in their lives. Clients in these residences have widely varying needs but commonly have a need for a peer group environment.

The division of Mental Health funds 16 non-residential programs throughout the province. All but three of these are day activity and socialization programmes. They emphasize skill development.

In general, all clients in Supported Residences are required to be enrolled in either a day activity program or some sort of employment or pre-employment program (funded by another division).

Mental Health Staff are widely involved in consultative work with other community agencies and services, such as local health authorities and schools, as well as having frequent contacts with general hospitals and psychiatrists in the private sector.

For further information or services please contact your nearest Mental Health Clinic (*see page 75*).

## **C. Alberta Social Resources Inventory**

Alberta Social Resources Inventory provides a coordinated approach to the collection of information on social service agencies on a province-wide basis. It is a computerized registry of about 4,000 community services throughout Alberta including health, education, rehabilitation, housing, counselling, information and referral, legal and crisis services.

The Social Resources Inventory makes available the following printed information at a nominal charge:

- 1) Directories of Services — by regions, appropriately indexed;
- 2) on-line computer searches for specific printed information;
- 3) mailing labels for use in surveys, and to announce workshops.

To order materials, or for further information contact:

Alberta Social Resources Inventory  
Social Services and Community Health  
10030 - 107 Street  
Edmonton, Alberta T5J 3E4  
Phone: 427-7110  
427-7114

# TRANSPORTATION

## A. Urban Transportation Branch

The Urban Transportation Branch of Alberta Transportation provides technical and financial assistance for the planning and development of transportation systems in the urban areas of Alberta. Financial assistance is provided through the 1979/80 - 1984/85 Urban Transportation Program Package, which allocates funding to the cities in Alberta toward both capital and operating expenditures on roadways and public transit.

### 1. The Public Transit Operating Assistance Program

The Public Transit Operating Assistance Program provides unconditional grants on a per capita basis to all cities, counties, towns and villages in Alberta.

This financial assistance contributes to the operation and maintenance of public transit systems and transportation services for senior citizens and disabled persons.

The amount of the unconditional grant a city, county, town or village may be eligible to receive is determined by the annual official census.

For further information, contact:

#### **For Cities**

Alberta Transportation  
Urban Transportation Branch  
330 Transportation Building  
Edmonton, Alberta T5K 2B8  
Phone: 427-4575

#### **For Other Municipalities**

Alberta Transportation  
Regional Transportation Services  
Program Management Branch  
161 Transportation Building  
Edmonton, Alberta T5K 2B8  
Phone: 427-3127

# **THE WORKERS' COMPENSATION BOARD (WCB)**

The Workers' Compensation Act of Alberta is intended to protect and assist workers who suffer disablement due to accidents or disease arising out of, and in the course of, their employment.

The Act is administered by an independent Board of no less than three members, known as the Workers' Compensation Board. Members are appointed by the Lieutenant Governor-in-Council.

Any worker who has suffered work related injury or disease, and whose occupation is covered by the Workers' Compensation Act, is eligible for benefits provided by the Workers' Compensation Board. These benefits include physical and vocational rehabilitation.

## **A. Workers' Compensation Board — Rehabilitation Centre**

The Workers' Compensation Board maintains a modern Rehabilitation Centre, in Edmonton, which provides specialized treatment to restore, as quickly as possible, the physical capabilities of injured workers.

The Rehabilitation Centre is staffed by specialists in rehabilitation medicine and physio-, occupational and remedial therapy. Artificial limbs and braces are made, fitted and maintained at the Centre. Injured workers who require them are trained in the use of artificial appliances and may return at any time for adjustment or renewal of the appliances at no charge.

Injured workers may be referred to the Centre by either their personal physician or the Board's medical staff. Once admitted, patients undergo a treatment program prescribed by the Centre's doctors. A typical program may include physio- and occupational therapy. Staff psychologists are also available. One of the final phases of rehabilitation is work assessment. Before being discharged, patients' reflexes are evaluated and muscle strength is measured in a simulated work environment.

## **B. Vocational Rehabilitation Department**

If vocational rehabilitation is required, the Board provides assistance through its Vocational Rehabilitation Department. When required, this could include: selective job placement, retraining for a different occupation, training on-the-job, or academic upgrading.

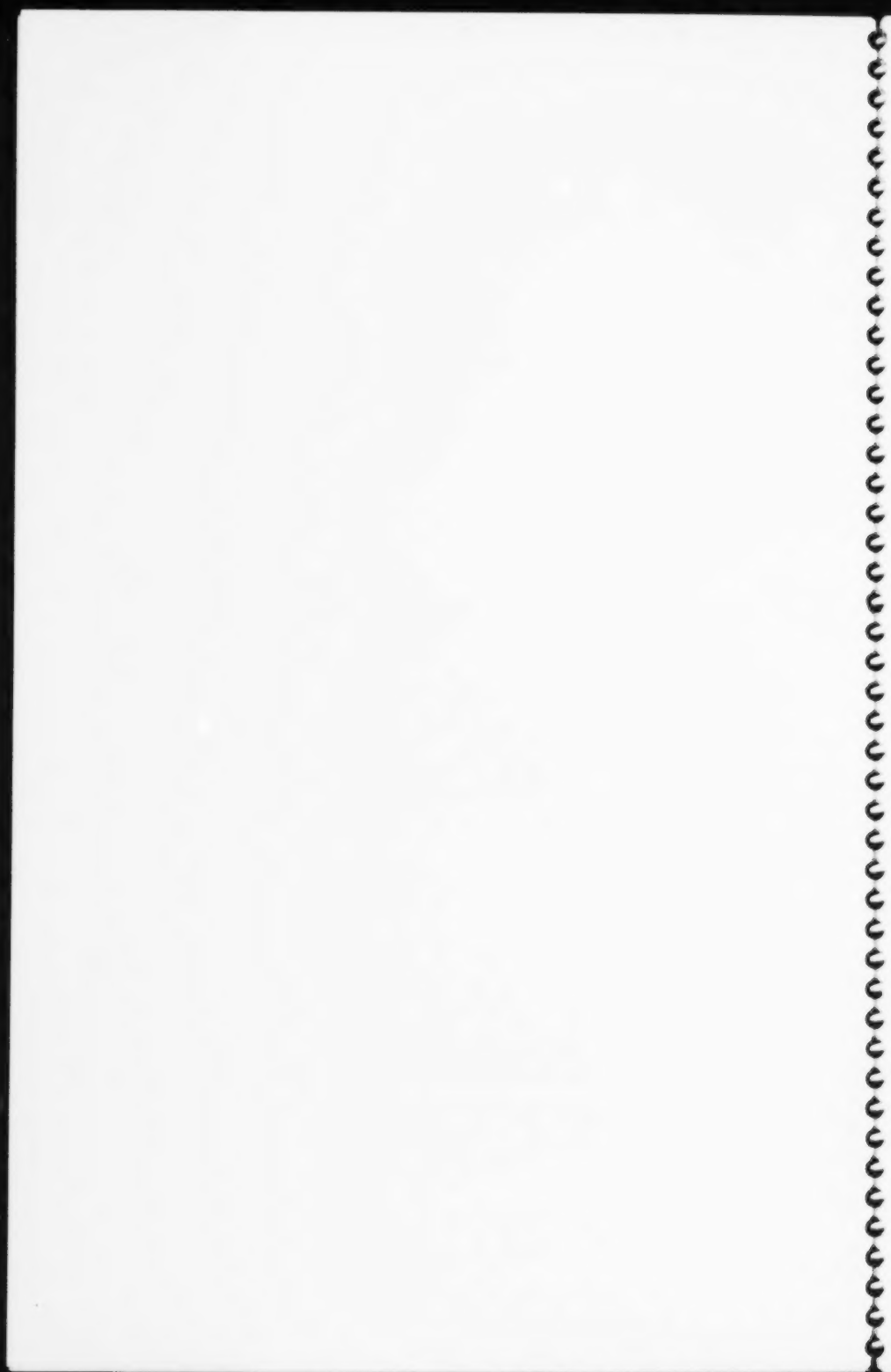
In addition to providing re-training in general, at the Rehabilitation Centre, the Board provides a fair share of the costs of specific training for disabled workers until they are able to function efficiently and independently at new jobs.

For more information, contact:

Workers' Compensation Board  
9912 - 107 Street  
P.O. Box 2415  
Edmonton, Alberta T5J 2S5  
Phone: 427-1266

For a list of WCB offices see page 54.





# **PART II**

## **A SUMMARY OF RESOURCES**

## **ACCESS/ACCESSIBILITY**

Call organizations in advance about wheelchair accessibility.

### **A. Alberta Building Code**

For all new buildings except industrial buildings, houses, boarding houses, apartment buildings less than four storeys in building height and construction work camp buildings, access to a main entrance is required, public spaces on entrance floor, and one elevator if elevators are present, for physically disabled persons.

In permanent housing projects involving Alberta Government funding it is required that a proportion of the dwelling units be designed for physically disabled individuals. For details, contact:

Building Standards Branch, Alberta Labour:  
707, 10808 - 99 Avenue  
Edmonton T5K 0G2  
427-8265

### **B. International Symbol of Access**

At entrances to supermarkets, public buildings, in advertisements for movie theatres, display of this symbol means the place has no barriers to disabled persons. Obtain symbol from:

Alberta Rehabilitation Council for the Disabled:  
410, 5920 - 1A Street S.W.  
Calgary T2H 0G3  
259-2602  
  
303 Kingsway Garden Mall  
Edmonton T5G 3A6  
474-8391

### **C. Renovation Assistance**

For recreational or cultural groups to make community halls, gymnasiums, auditoriums, arenas accessible to disabled persons. Apply:

Majc. Culture Recreation Facility Development Program:  
Alberta Recreation & Parks  
9 Floor, Standard Life Centre  
10405 Jasper Avenue  
Edmonton T5J 3N4  
427-5715

Further information on home repairs and renovations (*see page 9*).

# AIDS, DEVICES, APPLIANCES AND EQUIPMENT

## A. Educational Aids and Appliances

Educational aids and appliances are available to help visually or hearing impaired students in their studies. Some of the equipment which can be borrowed includes brailled, large type, and tape recorded books, T.V. scanners, cassette recorders, and auditory trainers. They are distributed by the Materials Resource Centre, Alberta Education, Edmonton. For more information, contact:

Calgary Regional Office:  
1200 Rocky Mountain Plaza  
615 Macleod Trail S.E.  
Calgary T2G 4T8  
261-6353

Edmonton Regional Office:  
3 Floor, 10053 - 111 Street  
Edmonton T5K 1K4  
427-2952/427-2985

**Financial Assistance** (*see page 50*)

## B. Medical Equipment and Supplies

The Alberta Aids to Daily Living Program is a health support measure to supply aids and equipment to disabled Albertans not receiving benefits from other plans. For more information, call the Health Unit (*see page 59*), or Alberta Aids to Daily Living (*see page 26*).

Other organizations involved in providing equipment and supplies to meet special needs:

Technical Resource Centre:  
c/o Alberta Children's Hospital  
1820 Richmond Road S.W.  
Calgary T2T 5C7  
Phone: 245-7875

Calgary Cerebral Palsy Association:  
108 St. Leo School  
6220 Lakeview Drive S.W.  
Calgary T3E 5T1  
246-3111

Alberta Rehabilitation Council  
for the Disabled:  
410, 5920 - 1A Street S.W.  
Calgary T2H 0G3  
259-2602  
  
303 Kingsway Garden Mall  
Edmonton T5G 3A6  
474-8391

Canadian Cancer Society:  
1134 - 8 Avenue S.W.  
Calgary T2P 1J5  
263-3120  
  
9907 - 108 Avenue  
Edmonton T5H 1A5  
429-2662  
  
509, 4808 Ross Street  
Red Deer T4N 1X5  
347-3662

Alberta Society of the Visually  
Impaired:  
Box 2207  
Calgary T2P 1K0  
286-6250

Canadian Cystic Fibrosis Foundation:  
Box 113, Station G  
Calgary T3A 2G1  
278-1094

Canadian Diabetes Association:  
3 Floor, 603 - 11 Avenue S.W.  
Calgary T2R 0E1  
263-9010

206, 10240 - 124 Street  
Edmonton T5N 3W6  
482-1549

c/o Box 157  
Lethbridge T1J 3Y5  
327-4114

Canadian Foundation for Poliomyelitis  
and Rehabilitation:

2020 - 15 Street N.W.  
Box 3067, Station B  
Calgary T2M 4L6  
284-1161

Canadian National Institute  
for the Blind:

1260 Memorial Drive N.E.  
Calgary T2E 4Z3  
266-8831

12010 Jasper Avenue  
Edmonton T5K 0P3  
488-4871

Canadian Paraplegic Association

8, 2439 - 54 Avenue S.W.  
Calgary T3E 1M4  
243-4010

18131 - 107 Avenue  
Edmonton T5S 1K4  
489-7731

Children's Hospital Aid Society:

Box 900  
Calgary T2P 2M7  
269-6853

Cross Cancer Institute:

11560 University Avenue  
Edmonton T6G 1Z2  
432-8771

Glenrose School Hospital:

10230 - 111 Avenue  
Edmonton T5G 0B7  
471-2262

Kidney Foundation of Canada:

103, 5920 - 1A Street S.W.  
Calgary T2H 0G3  
255-1113

Low Vision Consultation Clinic:

2-133 Clinical Sciences, U. of A.  
Edmonton T6G 2G3  
432-6413

Multiple Sclerosis Society of Canada:

Box 214  
Barrhead T0C 0E0  
674-2427

Box 256  
Blairmore T0K 0E0  
562-2994

504, 5920 - 1A Street S.W.  
Calgary T2H 0G3  
259-5766

5213 - 53 Avenue  
Camrose T4V 0Y7  
672-4235

620, 10189 - 101 Street  
Edmonton T5J 0T8  
429-2647 (Provincial Office)

641, 10189 - 101 Street  
Edmonton T5J 0T8  
424-6766 (Edmonton Chapter)

8605 - 99 Street  
Grande Prairie T8V 2G2  
532-8663

56 Avenue - 43 Street  
Auxiliary Hospital  
Lloydminster  
875-5281

93 - 14 Street N.W.  
Medicine Hat T1A 6R5  
527-7969

Muscular Dystrophy Association  
of Canada:

11409 - 86 Street  
Edmonton T5B 3J2  
471-5776

Veterans Affairs Canada:  
8 Floor, Baker Centre  
10025 - 106 Street  
Edmonton T5J 1G7  
420-3762

War Amputations of Canada:  
6006 - 107 Street  
Edmonton T6H 2X8  
435-7822

## **C. Sick Room Equipment**

Equipment loans are available from:

The Canadian Red Cross Society:  
737 - 13 Avenue S.W.  
Calgary T2R 0K8  
233-2901

9931 - 106 Street  
Edmonton T5K 1E2  
423-2680

c/o Carole Quinn  
177 Beale Crescent  
Fort McMurray T9H 2T3  
743-5332

2 Floor, 10404 - 100 Street  
Grande Prairie T8V 2M2  
539-7127

1120 - 7th Avenue S.  
Lethbridge T1J 1K5  
327-7117

4315 - 55 Avenue  
Red Deer T4N 4N7  
346-1241

Box 54  
Medicine Hat T1A 7E5  
526-3048

## **EDUCATION**

### **A. Adults**

#### **1. Adult Educational Institutions**

For information on admission to Alberta's colleges, universities, and vocational centres, contact the adult educational institutions listed:

#### **Provincially Administered Institutions**

|                           |          |
|---------------------------|----------|
| Alberta Vocational Centre |          |
| Calgary .....             | 261-3930 |
| Edmonton .....            | 427-2741 |
| Grouard .....             | 751-3915 |
| Lac La Biche .....        | 623-4441 |

|                              |                       |
|------------------------------|-----------------------|
| Community Vocational Centres |                       |
| Slave Lake Office .....      | 849-2281,<br>Ext. 216 |

**Public Colleges and Technical Institutes**

|                                  |          |
|----------------------------------|----------|
| Fairview College                 |          |
| Fairview .....                   | 835-2213 |
| Grande Prairie Regional College, |          |
| Grande Prairie .....             | 532-8830 |
| Grant MacEwan Community College, |          |
| Edmonton                         |          |
| Cromdale Campus .....            | 474-8521 |
| Millwoods Campus .....           | 462-5501 |
| Jasper Place Campus .....        | 483-4411 |
| Keyano College                   |          |
| Fort McMurray .....              | 791-4800 |
| Lakeland College                 |          |
| Lloydminster .....               | 875-8828 |
| Vermilion .....                  | 853-2971 |
| Bonnyville .....                 | 826-5227 |
| Grande Centre .....              | 594-7571 |
| St. Paul .....                   | 645-3276 |
| Vegreville .....                 | 632-6491 |
| Wainwright .....                 | 842-6101 |
| Lethbridge Community College     |          |
| Lethbridge .....                 | 320-3200 |
| Medicine Hat College             |          |
| Medicine Hat .....               | 527-7141 |
| Mount Royal College              |          |
| Calgary .....                    | 246-6111 |
| Olds College                     |          |
| Olds .....                       | 556-8281 |
| Red Deer College                 |          |
| Red Deer .....                   | 342-3240 |
| Northern Alberta Institute of    |          |
| Technology (NAIT)                |          |
| Edmonton .....                   | 427-9100 |
| Southern Alberta Institute of    |          |
| Technology (SAIT)                |          |
| Calgary .....                    | 284-8841 |

**2. Apprenticeship Programs**

The Apprenticeship and Trade Certification Program regulates and administers the training and certification of tradesmen to the journeyman level. This program may be accessed through the following offices:

6 Floor, Alberta Place  
1520 - 4 Street S.W.  
Calgary T2R 1H5  
261-6457

Westerra Institute of Technology  
Stony Plain .....

963-1000

**Independent Colleges**

|                          |          |
|--------------------------|----------|
| Alberta College          |          |
| Edmonton .....           | 428-1851 |
| Canadian Union College   |          |
| Lacombe .....            | 782-3381 |
| Camrose Lutheran College |          |
| Camrose .....            | 672-3381 |
| Concordia College        |          |
| Edmonton .....           | 479-8481 |

**Universities**

|                                       |          |
|---------------------------------------|----------|
| University of Alberta                 |          |
| Edmonton .....                        | 432-3111 |
| Athabasca University                  |          |
| Edmonton .....                        | 452-9990 |
| Calgary .....                         | 262-4522 |
| University of Calgary                 |          |
| Calgary .....                         | 284-5453 |
| University of Lethbridge              |          |
| Lethbridge .....                      | 329-2201 |
| Banff Centre for Continuing Education |          |
| Banff .....                           | 762-6100 |

**Community Consortia**

|                                    |          |
|------------------------------------|----------|
| Big Country Educational Consortium |          |
| Drumheller .....                   | 823-8300 |
| Chinook Educational Consortium     |          |
| Blairmore .....                    | 562-2853 |
| Pincher Creek .....                | 627-4478 |
| Pembina Educational Consortium     |          |
| Drayton Valley .....               | 542-5650 |
| North Peace Adult                  |          |
| Educational Consortium             |          |
| Peace River .....                  | 624-4616 |

10926 - 119 Street  
Edmonton T5H 3P5  
427-3722

207, 9912A Franklin Avenue  
Fort McMurray T9H 2K5  
743-7192

1601 Provincial Bldg.  
10320 - 99 Street  
Grande Prairie T8V 6J4  
539-2240

Box 1850  
2 Floor, Hinton Centre  
Pembina Avenue  
Hinton T0E 1B0  
865-1164

2 Floor, Provincial Bldg.  
200 - 5th Avenue S.  
Lethbridge T1J 4C7  
329-5380

208A Provincial Bldg.  
770 - 6 Street, South  
Medicine Hat T1A 4J6  
529-6677

Box 28, Bag 900  
304 Provincial Bldg.  
9621 - 96 Avenue  
Peace River T0H 2X0  
624-6352

Box 5002  
3 Floor, Provincial Bldg.  
4920 - 51 Street  
Red Deer T4N 5Y5  
343-5151

Box 268  
2 Floor, Provincial Bldg.  
4701 - 52 Street  
Vermilion T0B 4N0  
853-1278

### 3. Continuing Education

Further Education Councils are sponsored by the Department of Advanced Education. They are located in most areas of the province and offer courses of interest to adults, to encourage self-development through learning. Call the municipal offices of Family and Community Support Services (formerly P.S.S.), (*see page 65*) or Community Information Centre (*see page 64*), for the number of the Further Education Coordinator in your area.

### 4. Correspondence Courses

Text, equipment and lessons for elementary and high school, apply:

Alberta Correspondence School:  
12116 Stony Plain Road  
Edmonton T5N 3M8  
427-2766

### 5. Financial Assistance (Post Secondary) Also Financial Services (*see page 50*)

Students Finance Board:  
10 Floor Baker Centre  
10025 - 106 Street  
Edmonton T5J 1G4  
427-2740

805 - 9 Street S.W.  
Calgary T2P 2Y6  
261-6344

Vocational Rehabilitation for Disabled Persons Program (*see page 2*). Call the Alberta Career Centre (*see page 46*) in your area.

## 6. Life Skills Programs

Offer Albertans the opportunity to acquire and develop appropriate skills in the management of all areas of their lives. Contact:

### Acadia House:

8537 - 88 Street  
Edmonton T6C 3J4  
469-3118

### Adult Development Program:

8020 - 118 Avenue  
Edmonton T5B 0R8  
474-8521

### Alberta Vocational Centre

10215 - 108 Street  
Edmonton T5J 1L6  
427-5512

### Calgary Association of Self Help:

1117 Macleod Trail S.E.  
Calgary T2G 2M8  
265-2806/266-8711

### Canadian Mental Health Association:

201, 723- 14 Street N.W.  
Calgary T2N 2A4  
283-7591  
  
412, 1412 - 9 Avenue S.  
Lethbridge T1J 4C5  
329-4775

### Catholic Social Services,

#### Handicapped Services:

9518 - 102A Avenue  
Edmonton T5H 0G1  
424-0651

### Edmonton Day Care:

11112 - 109 Avenue  
Edmonton  
426-1968

### Good Samaritan Pineview Residence:

8770 - 165 Street  
Edmonton T5R 2R8  
489-4529

### Life Skills Training Centres Ltd.:

11751 - 95 Street  
Edmonton T5G 1M1  
477-9174

### McMan Youth Services Association:

8207 - 104 Street  
Edmonton T6E 4E7  
432-9153

## 7. Specialized Courses

In lip reading, sign language, Braille, etc. are taught by local groups. For information, call the Community Information Centre, (*see page 64*), Health Unit, (*see page 59*), the local Self-Help Group (*see page 80*), or contact:

### Alberta College:

10041 - 101 Street  
Edmonton T5J 0S3  
428-1851 (TTY or Voice)

### Alberta School for the Deaf:

6240 - 113 Street  
Edmonton T6H 3L2  
434-1481 (TTY or Voice)

### Christian Deaf Centre:

1113 - 5 Avenue S.W.  
Calgary T2P 0P4  
261-7756 (TTY or Voice)

### C.N.I.B.:

1260 Memorial Drive N.E.  
Calgary T2E 4Z3  
  
12010 Jasper Avenue  
Edmonton T5K 0P3  
488-4871

### Lethbridge Community College:

2210 - 30 Avenue South  
Lethbridge T1K 1L6  
320-3280 (TTY or Voice)

### Mount Royal College:

4825 Richard Road S.W.  
Calgary T3E 6K6  
246-6386

## **8. Vocational and Living Skills**

For the developmentally disabled are available at several colleges:

### **Fairview College:**

Box 3000  
Fairview T0H 1L0  
835-2213

### **Mount Royal College:**

4825 Richard Road S.W.  
Calgary T3E 6K6  
246-8669

### **Grande Prairie Regional College:**

10726 - 106 Avenue  
Grande Prairie T8V 4C4  
532-8830

### **Olds College:**

Olds T0M 1P0  
556-8281

### **Grant MacEwan Community College:**

Cromdale Campus  
8020 - 118 Avenue  
Edmonton T5B 0R8  
474-8521

### **Red Deer College:**

56 Avenue and 32 Street  
Red Deer T4N 5H5  
342-3240

### **Lethbridge Community College:**

2210 - 30 Avenue S.  
Lethbridge T1K 1L6  
320-3206

Programs designed for those persons who are physically disabled, to bridge the gap between special rehabilitation services and the main stream of adult community living, are available through:

### **Community Enrichment Project:**

Grant MacEwan Community College  
11728 Kingsway Avenue  
Edmonton  
452-3033

Programs for those persons with learning disabilities are available through:

### **Medicine Hat College:**

229 College Drive S.E.  
Medicine Hat T1A 3Y6  
527-7141

## **B. Children**

All Alberta children have the right to education that will best meet their educational needs:

### **1. Day Care Centres and Nursery Schools**

Many accept physically disabled children. For details, call the day care centre or nursery school in which you wish to enroll your child, the Community Information Centre (see page 64), the Health Unit (see page 59), or the municipal office of Family and Community Support Services (formerly P.S.S.) (see page 65).

### **2. Elementary and Secondary School**

Program Unit grants are available from Alberta Education for School Boards to enable them to meet specialized needs of disabled students.

Admittance for disabled students within elementary schools is the responsibility of the local School Boards. For information on assessment, call the school system in which you wish to enroll your child.

Through Learning Assistance programs, resources and specially trained staff are available within Alberta school systems to deal with special education problems.

### 3. Specialized Schools

#### **Autism**

Edmonton School for Autistic Children:  
7330 - 113 Street  
Edmonton T6G 1L6  
435-0161

Society for the Treatment of Autism:  
404 - 94 Avenue S.E.  
Calgary T2J 2V2  
253-2291

#### **Deaf**

Alberta College:  
10041 - 101 Street  
Edmonton T5J 0S3  
428-1851

Alberta School for the Deaf:  
6240 - 113 Street  
Edmonton T6H 3L2  
434-1481 (TTY or Voice)

#### **Mentally Disabled**

Broxton Park Early Childhood Special  
Needs Program:  
Box 6363  
Spruce Grove T0E 2C0  
962-0212

Early Education Programs, Mayfield  
Elementary School:  
10950 - 159 Street  
Edmonton T5P 3C1  
489-5100

Burgess School for the Mentally  
Retarded:  
4604 - 57 Street  
Camrose T4V 2E7  
672-4768

Elves Memorial Child Development  
Centre:  
10825 - 142 Street  
Box 1680  
Edmonton T5J 2N9  
426-2255 Ext. 247

Christine Meikle School:  
64 - 12 Street N.E.  
Calgary T2E 4P4  
269-2929

Emily Follensbee School:  
5139 - 14 Street S.W.  
Mail: 3904 - 20 Street S.W.  
Calgary T2T 4Z9  
243-6128

Dorothy Gooder School:  
1805 - 9 Avenue N.  
Lethbridge T1H 1H8  
327-3087

Dr. Carl Safran Special Class School:  
930 - 13 Avenue S.W.  
Calgary T2R 0L4  
245-4677

Evelyn Unger School for Language and  
Learning Development:  
6755 - 88 Street  
Edmonton T6E 4Y4  
465-5327

Dr. R.R. Cairns School:  
4809 - 48 Street  
Box 550  
Vegreville T0B 4L0  
632-2128

Georges P. Vanier School:  
122 - 13 Street S.E.  
Medicine Hat T1A 1W5  
527-2747

**High Prairie School for Retarded  
Children:**

High Prairie T0G 1E0  
523-4678

**Horizon School:**

Box 1743  
Olds T0M 1P0

**L.Y. Cairns Vocational School:**

10510 45 Avenue  
Edmonton T6H 0A1  
434-9561

**Lenora Clarke School:**

4525 - 54 Avenue  
Box 1205  
Vermilion T0B 4M0  
853-5258

**Lynn Lauren School for the Retarded:**

5606 - 47 Street  
Wetaskiwin T9A 2A2  
352-9275

**Muriel Rowe School:**

Box 1227  
Drumheller T0J 0Y0  
823-2713

**New Hope School:**

Box 820  
Barrhead T0G 0E0  
674-3333

**Parkland School:**

4703 - 43 Street  
Lloydminster S9V 0E6  
875-5541

**Parkland School:**

6016 - 45 Avenue  
Red Deer T4N 3M4  
347-3911

**Peace School of Hope:**

10201 - 99 Street  
Grande Prairie T8V 2H3  
532-8861

**Providence Child Development Centre:**

5232 - 4 Street S.W.  
Calgary T2V 0Z4  
255-5577

**Robin Hood School:**

3 Spruce Avenue  
Sherwood Park T8A 2B7  
467-7140

**School of New Hope:**

Box 5000  
St. Paul T0A 3A0  
645-4087

**William Roper Hull Home:**

117 Woodpark Boulevard S.W.  
Calgary T2W 2Z8  
281-2266

**Winnifred Stewart School:**

11130 - 131 Street  
Edmonton T5M 1C1  
453-2391

**Physically Disabled**

**Broxton Park Early Childhood Special  
Needs Program:**

Box 6363  
Spruce Grove T0E 2C0  
962-0212

**Dr. Gordon Townsend School, Alberta**

**Children's Hospital:**

1820 Richmond Road S.W.  
Calgary T2T 5C7  
245-7211

**Elves Memorial Child Development  
Centre:**

10825 - 142 Street  
Box 1680  
Edmonton T5J 2N9  
426-2255

**Glenrose School Hospital:**

10230 - 111 Avenue  
Edmonton T5G 0B7  
471-2262

**Providence Child Development Centre:**

5232 - 4 Street S.W.  
Calgary T2V 0Z4  
255-5577

# EMPLOYMENT

## A. Counselling and Career Development

Difficulty finding employment? Information on planning a career, job placement and work experience may be obtained from:

Alberta Career Centres,

Alberta Manpower:

5 Floor, Devonian Building, East  
11160 Jasper Avenue  
Edmonton T5K 0L1  
427-4735

2 Floor, Guido Building  
805 - 9 Street S.W.  
Calgary T2P 2Y6  
261-6347

c/o Employment Counselling and  
Relocation Services  
Box 1798  
5008 - 50 Avenue  
Bonnyville T0A 0L0  
826-4175

Room 121, Provincial Building  
4867 - 50 Street  
Camrose T4V 1P6  
672-4411

Parkside Office Building  
10924 - 119 Street  
Edmonton T5H 3P5  
427-5659

7 Floor, Jubilee Bldg.  
9915 Franklin Avenue  
Fort McMurray T9H 2K4  
743-7207

Provincial Bldg.  
10320 - 99 Street  
Grande Prairie T8V 6J4  
539-2347

Promway Building  
112 McLeod Building  
Box 1460  
Hinton T0E 1B0  
865-3361

400 Professional Building  
740 - 4 Avenue S.  
Lethbridge T1J 4C7  
329-5444

304 Credit Union Building  
556 - 4 Street S.E.  
Medicine Hat T1A 0K8  
529-3683

Provincial Building  
Box 2, Bag 900  
Peace River T0H 2X0  
624-6211

Stuckey Building  
673 Main Street  
Box 2138  
Pincher Creek T0K 1W0  
627-3922

3 Floor, W., Provincial Building  
4920 - 51 Street  
Box 5002  
Red Deer T4N 5Y5  
343-5353

#100 Melenchuk's Mall  
5025 - 49 Avenue  
Box 1989  
St. Paul T0A 3A0  
645-6383

Canada Employment and Immigration  
Commission:

Special Needs Unit  
Room 370, 220 - 4 Avenue S.E.  
Box 2530, Station M  
Calgary T2P 2T7  
231-4957

Special Needs Unit  
10210 - 107 Street  
Edmonton T5J 0G2  
420-2235

Or for information on the closest Canada Employment Centre, call your Community Information Centre, (*see page 64*), or the municipal office of Family and Community Support Services (formerly P.S.S.) (*see page 65*).

## **B. Labour Standards Regulations**

For information on hours of work, wages, and vacation pay contact:

Employment Standards Branch, Alberta

Labour:

11 Floor, 633 - 6 Avenue S.W.  
Calgary T2P 2Y5  
261-6555

4 Floor, 10339 - 124 Street  
Edmonton T5N 3W1  
427-3731

313 - 50 Street  
Edson T0E 0P0  
723-3341

9905 - 100 Street  
Grande Prairie T8V 2L8  
539-2253

3 Floor, 208 - 5 Avenue S.  
Lethbridge T1J 4C7  
329-5447

3 Floor, 770 - 6 Street S.W.  
Medicine Hat T1A 4J6  
529-3524

4920 - 51 Street  
Red Deer T4N 5Y5  
343-5153

4 Floor, 5025 - 49 Avenue  
St. Paul T0A 3A0  
645-4475

## **C. Placement**

Handicapped and disadvantaged Albertans may obtain assistance in finding meaningful employment in the Alberta Public sector; contact:

Alberta Government Special Placement Program

10 Floor, Jarvis Bldg.  
9925 - 107 Street  
Edmonton T5K 2H9  
427-2169

If you have employment skills, but have a hearing deficit or emotional problems and require help in being placed in suitable employment contact:

Distinctive Employment Counselling Services for Alberta (D.E.C.S.A.):

200, 10924 - 107 Avenue  
Edmonton T5H 0X5  
420-1745 (TTY or Voice)

If you have employment skills, but have a physical disability and require help in being placed in suitable employment, contact:

Edmonton Social Services for the Disabled:

414, 10010 - 105 Street  
Edmonton T5J 1C4  
423-4106

In addition, the following agencies assist in placement services for their clients:

Arch Enterprises and Training  
Association of Edmonton:  
9537 - 62 Avenue  
Edmonton T6E 0E1  
438-4347

Canadian National Institute for the Blind:  
1260 Memorial Drive N.E.  
Calgary T2E 4Z3  
266-8831

12010 Jasper Avenue  
Box 748  
Edmonton T5J 2L4  
488-4871

1273 - 3 Avenue S.  
Lethbridge T1J 0K2  
327-1044/327-4274

Canadian Paraplegic Association:  
8, 2439 - 54 Avenue S.W.  
Calgary T3E 1M4  
243-4010

18131 - 107 Avenue  
Edmonton T5S 1K4  
489-7731

Catholic Immigrant Services  
9518 - 102A Avenue  
Edmonton T5H 0G1  
424-0651

Christian Deaf Centre:  
1113 - 5th Avenue S.W.  
Calgary T2P 0P4  
261-7756 (TTY or Voice)

Edmonton Epilepsy Association:  
416, 10010 - 105 Street  
Edmonton T5J 1C8  
422-2710

Epilepsy Association of Calgary:  
4112 - 4 Street N.W.  
Calgary T2K 1A2  
230-2764

Goodwill Rehabilitation Services of  
Alberta:  
10215 - 112 Street  
Edmonton T5K 1M7  
426-2255

Jack Bredin Community Institute:  
12225 - 105 Avenue  
Edmonton T5N 0Y3  
482-6961

Medicine Hat Rehabilitation Workshop:  
860 Allowance Avenue S.E.  
Medicine Hat T1A 7S6  
526-5742

Rehabilitation Society of Calgary  
1112 Memorial Drive N.E.  
Calgary T2E 4Z2  
263-8341

Rehabilitation Society of Southwestern  
Alberta:  
1610 - 29 Street N.  
Lethbridge T1H 5L3  
329-3911

Sheltered Workshop Society:  
7305 - 99 Street  
Edmonton T6E 3R7  
432-0322

Vocational Rehabilitation and  
Research Institute:  
3304 - 33 Street N.W.  
Calgary T2L 2A6  
284-1121

YMCA Employment Program  
10826 - 124 Street  
Edmonton T5M 0H3  
452-9111

## D. Training and Work Experience

To learn job skills and gain work experience in preparation for permanent employment, contact:

Advance Industries:  
444 - 42 Avenue S.E.  
Calgary T2G 1Y4  
243-1811

Arch Enterprises and Training  
Association of Edmonton:  
9537 - 62 Avenue  
Edmonton T6E 0E1  
438-4347

**Baker Centre:**

5115 - 85 Street N.W.  
Box 72  
Calgary T2P 2H2  
261-7506

**Beehive Workshop:**

Box 1550  
Drayton Valley T0E 0M0  
542-3113

**Blue Heron Enterprises:**

Box 639  
Barrhead T0G 1E0  
674-4944

**Bow Centre:**

36, 7930 Bowness Road N.W.  
Calgary T3B 0H3  
288-1677

**Centra-Cam Vocational Training**

**Association:**

4502 - 39 Street  
Camrose T4E 2N5  
672-9995

**Cerwood Enterprises:**

42 Airport Road  
Edmonton T5G 0W7  
452-0687

**Cosmos Enterprises:**

1, 7428 - 49 Avenue  
Red Deer T4P 1M2  
343-0715

**Dove Centre:**

Box 2159  
Bonnyville T0A 0L0  
826-2552

**Falcon Enterprises:**

Box 823  
Wainwright T0B 4P0  
842-2888

**Goodwill Rehabilitation Services of  
Alberta**

10215 - 112 Street  
Edmonton T5K 1M7  
426-2255

**Habitat Enterprises Unlimited:**

Box 2327  
St. Paul T0A 3A0  
645-3133

**Horizons Unlimited:**

4013 - 48 Street  
Wetaskiwin T9A 2E8  
352-6096

**Jack Bredin Community Institute:**

12225 - 105 Avenue  
Edmonton T5N 0Y3  
482-6961

**Kinsmen Training Centre:**

974 - 13 Street S.W.  
Medicine Hat T1A 7M5  
527-7574

**Langevin Enterprises:**

520 - 5 Avenue S.E.  
Calgary T2G 0G8  
261-3060

**Lloydminster & District Sheltered  
Workshops & Training Centre:**

Box 296  
Lloydminster S9V 0Y2  
875-3633

**Manchester Enterprises:**

4519 - 1 Street S.E.  
Calgary T2G 2L2  
243-2184

**Mount Royal College Vocational  
Development Program:**

(Calgary Day)  
4825 - Richard Road S.W.  
Calgary T3E 6K6  
246-6386/246-6869 (Tom Snell)

**(Bow Day)**

Box 583  
Canmore T0L 0M0  
678-6006/678-4228

**(High River Day)**

Senator Riley High School  
338 - 1 Avenue S.E.  
High River T0L 1B0  
652-7282 (4-6 p.m., Mon - Thurs)

**Mountainview Industries:**

Box 507  
Coleman T0K 0M0  
563-3585

**Student Counselling Services,**

University of Alberta:  
102 Athabasca Hall  
Edmonton T6G 2E1  
432-5205

**University of Alberta Health Sciences**

**Clinics:**

2 Floor, 112 Street, & 86 Avenue  
Edmonton T6G 2B7  
432-8442

**University of Calgary Psychoeducational**

**Clinic:**

2500 University Drive N.W.  
Calgary T2N 1N4  
284-5659

**University of Lethbridge**

**Counselling Centre:**

4401 University Drive  
Lethbridge T1K 3M4  
329-2591

**Vocational Rehabilitation and Research  
Institute:**

3304 - 33 Street N.W.  
Calgary T2L 2A6  
284-1121

**Votec Enterprises:**

1121 - S. Railway Avenue  
Drumheller T0J 0Y0  
823-6690

**Western Industrial Research & Training  
Centre:**

13325 St. Albert Trail  
Edmonton T5L 4R3  
454-9656

## **E. Rehabilitation**

When a person becomes disabled, and is unable to return to his previous employment, the Vocational Rehabilitation Branch of Social Services and Community Health provides training in new, marketable skills through sponsored community agency operated programs. In addition, the Employment Opportunities Program provides assistance in training and employment placement when a change in jobs is required (see page 24). Call the local District Office of Social Services and Community Health (see page 51) for information on these programs.

The Workers' Compensation Board also provides a rehabilitation program for workers injured on the job (see page 33 and page 54).

Many of the training and work experience organizations have vocational rehabilitation components (see page 48).

## **FINANCIAL SERVICES**

The Alberta Government has developed a number of programs to help out financially. As financial programs are often complex, it is a good idea to consult your social worker, or make inquiries with the organization involved.

### **Educational Financial Assistance** (see page 41).

### **A. Criminal Injuries Compensation**

For help with expenses incurred through personal injury, or death of a family member, due to crimes of violence, contact:

**Crimes Compensation Board, Alberta Attorney General:**

9833 - 109 Street  
Edmonton T5K 1H4  
427-7217

The Crimes Compensation Board can also be reached by contacting your nearest Government Information Number (*see page 67*).

## **B. Emergency or Temporary Financial Help**

Is available through local District Offices of Social Services and Community Health (*see page 51*), or contact:

### **Crisis Unit:**

301 - 14 Street N.W.  
Calgary T2N 2A1  
261-8343  
266-8849 (after hours)  
  
1 Floor, Financial Building  
10621 - 100 Avenue  
Edmonton T5K 0B3  
427-2822  
427-3390 (after hours)

## **C. Financial Assistance**

Alberta Social Services and Community Health has a number of programs to help out financially. These include: Rehabilitation Services, Vocational Rehabilitation, Handicapped Children's Services and the Assured Income for the Severely Handicapped Program.

For more information on these programs, contact your local District Office of Social Services and Community Health:

### **District Offices**

4903 - 50 Street  
Box 159  
Athabasca T0G 0B0  
675-2243

6203 - 49 Street  
Box 700  
Barrhead T0G 0E0  
674-3351

Box 990  
Bonnyville T0A 0L0  
826-3324

Box 1029  
Brooks T0J 0J0  
362-5551

Calgary Alberta Place  
4 Floor, 1520 - 4 Street S.W.  
Calgary T2R 1H5  
261-8500

Calgary Clayburn Centre  
1827 - 54 Street S.E.  
Calgary T2B 1N5  
261-2550

Calgary Family Maintenance &  
Court Services  
2 Floor, 811 - 14 Street N.E.  
Calgary T2N 2A4  
283-4406

Calgary Foothills  
2 Floor, 1232 - 1240  
Kensington Road N.W.  
Calgary T2N 3P5  
270-3100

Calgary Ranchlands  
2 Floor, 1829 Ranchlands Blvd. N.W.  
Calgary T3G 1S5  
239-6868

Calgary Simons Valley  
104, 6715 - 8 Street N.E.  
Calgary T2E 7H7  
275-7200

Calgary Willow Park  
200, 10325 Bonaventure Drive S.E.  
Box 8880  
Calgary T2J 5R8  
261-8500

4911A - 47 Street  
Camrose T4J 1J9  
672-4411

3 Floor Provincial Building  
Canmore T0L 0M0  
678-2363

4901 - 2 Street West  
Claresholm T0L 0T0

Box 870  
Crowsnest Pass T0K 0E0  
562-2856

5108 - 58 Avenue  
Drayton Valley T0E 0M0  
542-3134

180 Riverside Drive  
Box 2079  
Drumheller T0J 0Y0  
823-6311

Edmonton Capilano Centre  
2 Floor, 9945 - 50 Street  
Edmonton T6A 3X5  
427-0284

Edmonton Centennial Mall  
170 Street & Stony Plain Road  
Edmonton T5P 4B5  
422-3100

Edmonton Family Maintenance and  
Court Services  
421, 10130 - 103 Street  
Edmonton T5J 3P2  
422-3237

Edmonton Hermitage  
13415 Fort Road  
Edmonton T5A 1C6

Edmonton Hy's Centre  
201, 11010 - 101 Street  
Edmonton T5H 4B9  
422-3500

Edmonton North  
11713 - 82 Street  
Edmonton T5B 2V9  
422-3300

Edmonton Southwest  
10455 - 80 Avenue  
Edmonton T6E 1V1  
427-2763

Edmonton Westmount  
11016 - 127 Street  
Edmonton T5M 0T2  
422-3200

313 - 50 Street  
Box 3060  
Edson T0E 0P0  
723-3341

8 Floor, Provincial Building  
9915 Franklin Avenue  
Fort McMurray T9H 2K4  
743-7400

Box 240  
Grande Cache T0E 0Y0  
827-3335

300, 10014 - 99 Street  
Grande Prairie T8V 3N4  
539-2120

401 Centre Street  
Box 998  
Hanna T0J 1P0  
854-4451

Bag 400  
High Level T0H 1Z0  
926-3791

Box 849  
High Prairie T0G 1E0  
523-4561

568 Carmichael Lane  
Hinton T0E 1B0

Box 420  
Lac La Biche T0A 2C0  
623-4821

740 - 4 Avenue South  
Lethbridge T1J 4C7  
329-5290

5124 - 50 Street  
Lloydminster T9V 0M3  
875-5506

152, 631 Prospect Drive S.W.  
Medicine Hat T1A 4C2  
529-3550

5013 - 50 Street  
Box 520  
Olds T0M 1P0  
556-8421

102 Provincial Building  
Mail Bag 900-15  
Peace River T0H 2X0  
624-6135

4920 - 51 Street  
Box 5002  
Red Deer T4N 5Y5  
343-5439

5116 - 50 Avenue  
Box 909  
Rocky Mountain House T0M 1T0  
845-3394

Professional Building  
20 Main Boulevard  
Sherwood Park T8A 3W8  
464-7000

Box 70  
Slave Lake T0G 2A0  
849-2281

Box 518  
Smoky Lake T0A 3C0  
656-3662

2 Floor, 131 - 1 Avenue  
Box 1230  
Spruce Grove T0E 2C0  
962-8681

Provincial Building  
Bag 600  
Stettler T0C 2L0  
742-4481

Professional Building  
7 St. Anne Street  
St. Albert T8N 2X4  
458-9400

2 Floor, 5025 - 49 Avenue  
Box 1452  
St. Paul T0A 3A0  
645-6370

5009 - 56 Street  
Taber T0K 2G0

Husky Plaza Shopping Centre  
Box 840  
Vegreville T0B 4L0  
632-3361

4701 - 52 Street  
Box 1228  
Vermilion T0B 4M0  
853-2811

810 - 14 Avenue  
Box 699  
Wainwright T0B 4P0  
842-3347

104 Avenue & 100 Street  
Westlock T0G 2L0

5201 - 51 Avenue  
Wetaskiwin T9A 0V5  
352-1272

5020 - 52 Avenue  
Box 749  
Whitecourt T0E 2L0  
778-3808

The Citizen's Appeal and Advisory Committee handles appeals regarding social assistance and the Assured Income for the Severely Handicapped program. Your local District Office of Social Services and Community Health has appeal forms available. Also RIGHTS, COMPLAINTS, ADVICE AND ADVOCACY (*see page 77*).

If you have consulted your social worker, and followed appeal procedures, and are still experiencing problems with public assistance contact:

Humans on Welfare  
9676 Jasper Avenue  
Edmonton T5H 3V5  
Phone: 424-7924/424-8307

## **D. Motor Vehicle Accident Claims**

For injury and property damage involving a driver without insurance, or a driver who has left the scene of the accident, apply:

Unsatisfied Judgment Fund, Alberta Attorney General:  
10125 Princess Elizabeth Avenue  
Edmonton T5G 0X9  
427-8255

## **E. Workers Compensation**

If you are injured on the job, notify your employer, then see your own doctor. Forms regarding the accident must be completed by the injured employee and the employer, then sent to the Workers' Compensation Board for assessment. For further information, contact:

Workers' Compensation Board:

132 - 16 Avenue N.E.  
Calgary T2E 1J5  
261-3460

9912 - 107 Street  
Edmonton T5J 2S5  
427-1100

10022 - 102 Avenue  
Grande Prairie T8V 2X7  
539-2421

1277 - 3 Avenue S.  
Lethbridge T1J 0K3  
329-5339

204, 623 - 4 Street S.E.  
Medicine Hat T1A 0L1  
529-3624

208, 5010 - 43 Street  
Red Deer T4N 6H2  
343-5357

# **HEALTH SERVICES**

## **A. Ambulance Service**

You should be aware of the nearest ambulance service before an emergency arises. To get the number of the ambulance service in your area call the Community Information Centre (*see page 64*), the municipal office of Family and Community Support Services (formerly P.S.S.) (*see page 65*), or your local hospital or police department. Keep this number by your telephone. In major centres, ambulance service may be obtained by calling 911.

Costs of ambulance service are covered by the Alberta Blue Cross Plan and other private insurance plans. Contact:

Alberta Blue Cross Plan:  
211 Mezz. 6455 Macleod Trail  
Calgary T2H 0K9  
253-0171

10025 - 108 Street  
Edmonton T5J 1K8  
423-5221

11801 - 100 Street  
Grande Prairie T8V 3Y2  
532-3505

409 Woodward Tower  
Lethbridge T1J 4E1  
328-6081

500 Central Block  
5000 Gaetz Avenue  
Red Deer T4N 6C2  
343-7008

## **B. Auxiliary Hospitals and Nursing Homes**

Admission to Auxiliary Hospitals and Nursing Homes is dependent upon the amount of personal nursing care required by the patient on a daily basis. Assessment and admission requirements must be met. For more information call directly the facility that best meets the patient's needs, or contact:

Central Placement Office:  
200, 140 - 1 Avenue S.W.  
Calgary T2P 0A5  
261-3800

307, 10611 Kingsway Avenue  
Edmonton T5G 3C8  
425-5420

Lethbridge Municipal Hospital:  
Lethbridge T1J 1W5  
327-4531

666 - 5 Street S.W.  
Medicine Hat T1A 4H6  
527-2211

## **C. Dental Care**

Routine dental work may be covered through special plans for groups or individuals through private health insurance companies. For dental surgery, as a result of accident, coverage is available through Alberta Blue Cross Plan. Contact Alberta Blue Cross for further details (*see page 55*).

## **D. Diagnosis and Assessment**

Are necessary to understand and deal with any disability. Help is available from your own doctor, clinics, hospitals, local health authorities (*see page 59*), Rehabilitation Services (*see page 23*), and through the School Boards for school placement, contact:

Alberta Children's Hospital:  
1820 Richmond Road S.W.  
Calgary T2T 5C7  
245-7211

Alberta Mental Health Services:  
2 Floor, 1000 - 8 Avenue S.W.  
Calgary T2P 3M7  
261-7311

9942 - 108 Street  
Edmonton T5K 2J5  
427-4444

Provincial Bldg.  
9915 Franklin Avenue  
Fort McMurray T9H 2K4  
743-7211

600 Nordic Court  
10014 - 99 Street  
Grande Prairie T8V 3N4  
539-2160

205, 200 - 5 Avenue S.  
Lethbridge T1J 4C7  
329-5260

247, 631 Prospect Drive S.W.  
Medicine Hat T1A 4C2  
529-3500

9621 - 96 Avenue  
Bag 900-8  
Peace River T0H 2X0  
624-6151

4920 - 51 Street  
Box 5002  
Red Deer T4N 5Y5  
343-5466

5025 - 49 Avenue  
Box 1660  
St. Paul T0A 3A0  
645-4475

Alberta Psychiatric Association  
Travelling Clinic:

702 South Tower  
3031 Hospital Drive N.W.  
Calgary  
283-1241

Alberta Rehabilitation Council for the  
Disabled:

410, 5920 - 1A Street S.W.  
Calgary T2H 0G3  
259-2602

303, Kingsway Garden Mall  
Edmonton T5G 3A6  
474-8391

9823 - 116 Avenue  
Grande Prairie T8V 4B2  
539-1095

Alberta School for the Deaf:

6240 - 113 Street  
Edmonton T6H 3L2  
434-1481 (TTY or Voice)

Arch Enterprises and Training  
Association of Edmonton  
9537 - 62 Avenue  
Edmonton T6E 0E1  
438-4347

Child Development Centre:  
4, 10121 - 82 Avenue  
Edmonton T6E 1Z5  
439-7391

Clinical Services, University of Alberta:  
Faculty of Education  
1 - 135 Education Centre  
87 Avenue & 112 Street  
Edmonton T6G 2G4  
432-3746

Counselling Service:  
4613 - 48 Street  
Leduc T9E 2M5  
986-2261

County of Strathcona Family and  
Community Support Services:  
590 Broadmoor Blvd.  
Sherwood Park T8A 4V8  
464-4044

Diagnostic and Referral Unit  
Behavioural Health Program:  
Social Services and Community Health  
3 Floor, South Tower  
10030 - 107 Street  
Edmonton T5J 3E4  
427-7108

Employment Preparation Centre:  
1112 Memorial Drive N.E.  
Calgary T2E 4Z2  
263-8341

Forensic Assessment and Community  
Health:  
306, 10310 - 102 Avenue  
Edmonton T5J 2X6  
427-8194

Glenrose Provincial General Hospital:  
10230 - 111 Avenue  
Edmonton T5G 0B7  
471-2262

**Goodwill Rehabilitation Services of Alberta:**

10215 - 112 Street  
Edmonton T5K 1M7  
426-2255

**Learning Assistance Centre:**

5 Floor, 10014 - 99 Street  
Grande Prairie T8V 3N4  
539-2130

**Lloydminster Mental Health Clinic:**

4611 - 48 Avenue  
Lloydminster S9V 0Z9  
825-2211

**Psychiatric Day Hospital:**

U. of A. Hospital  
114 Street & University Avenue  
Edmonton T6G 2J3  
432-6469

**Psychiatric Walk in Clinic:**

U. of A. Hospital  
114 Street & University Avenue  
Edmonton T6G 2J3  
432-6691

**Reading and Language Centre,  
University of Alberta:**

Faculty of Education  
University of Alberta  
Edmonton T6G 2J3  
432-3748

**Rehabilitation Society of Calgary:**

1112 Memorial Drive N.E.  
Calgary T2E 4Z2  
263-8341

**S.K.I.L.L.S.:**

Apt. 3, 10316 - 116 Street  
Edmonton T5K 1W6  
488-3146

**Student Counselling Services,  
University of Alberta:**

102 Athabasca Hall  
Edmonton T6G 2E1  
432-5205

**Health Sciences Clinic, University of  
Alberta:**

2 Floor, 112 Street & 86 Avenue  
Edmonton T6G 2B7  
432-8442

**Psychoeducational Clinic, University of  
Calgary:**

2500 University Drive N.W.  
Calgary T2N 1N4  
284-5659

**Counselling Centre, University of  
Lethbridge:**

4401 University Drive  
Lethbridge T1K 3M4  
329-2591

**Vocational & Rehabilitation Research  
Institute:**

3304 - 33 Street N.W.  
Calgary T2L 2A6  
284-1121

## **E. Drugs (Prescribed)**

Alberta Blue Cross Plan covers 80% of prescribed drug costs. Contact Alberta Blue Cross for further details (*see page 55*).

## **F. Extended Health Benefits Program**

The Extended Health Benefits Program is available for senior citizens aged 65 years and over, their spouses and dependents, and provides coverage for dental and optical costs and medical equipment, medical and surgical supplies and appliances (*see page 26*). For further information, contact:

**The Extended Health Benefits Program:**

Box 1376  
Edmonton T5J 2Y6  
427-1470 (Edmonton)  
261-6411 (Calgary)

## G. Family Planning and Sexuality

Contact Health Unit (*see page 59*), or:

### Alberta Institute of Human Sexuality:

45 Gainsborough Drive S.W.  
Calgary T3E 4W6  
246-4743 (After Hours)

244 Westridge Road  
Edmonton T5T 1C1  
481-3834

### Birthright:

203, 333 - 17 Avenue S.W.  
Calgary T2S 0A7  
262-7402

108, 11520 - 100 Avenue  
Edmonton T5K 0J7  
488-0681

4, 321A - 6th Street S.  
Lethbridge T1J 2C7  
320-1003

Box 656  
Peace River T0H 2X0  
624-4114

4940 - 51 Street  
Red Deer T4N 5E2  
346-3480

### Calgary Birth Control Association:

103, 223 - 12 Avenue S.W.  
Calgary T2R 0G9  
261-9821/264-0594

### Human Sexuality Program:

Psychology Department  
Foothills Hospital  
Calgary T2N 2T9  
270-1340/270-1289

### Planned Parenthood:

609, 10179 - 105 Street  
Edmonton T5J 1E2  
423-3737

### South Peace Planned Parenthood:

Provincial Bldg.  
10320 - 99 Street  
Grande Prairie T8V 6J4  
532-4461

## H. Genetics Testing and Counselling

For information and counselling related to heredity, call your Health Unit (*see page 59*) or:

### Genetics Clinic:

|                |                    |
|----------------|--------------------|
| Calgary .....  | 244-0750 (Collect) |
|                | 245-7373 (Local)   |
| Edmonton ..... | 432-7006 (Collect) |
|                | 432-6378 (Local)   |

## I. Health Counselling

Information about nutrition, oral health care, family planning, problems with mental or physical health, etc., is available from your Local Health Authority (*see page 59*) without charge. This service is available to individuals, schools and community groups. Organizations working with specific health conditions, e.g. arthritis, blindness, cancer, deafness, diabetes, epilepsy, lung disease, mental retardation, stroke may provide group or individual counselling. For information, call the Community Information Centre (*see page 64*) or Self-Help Groups (*see page 80*).

## J. Health Authorities (Local)

Provide a wide range of health related services including prenatal classes, health counselling, child health programs, immunization, speech therapy, (see also page 25), etc. Contact:

Athabasca Health Unit  
Box 1140  
Athabasca T0G 0B0  
675-2231

Banff National Park Health Unit  
Box 1266  
Banff T0L 0C0  
762-2990 or 762-3941

Calgary Health Services  
120 - 17 Avenue S.W.  
Box 4016, Station C  
Calgary T2T 5M9  
269-8800

Mount View Health Unit  
Skyline Square  
101, 5421 - 11 Street N.E.  
Calgary T2E 6M4  
276-2286

Barons-Eureka-Warner Health Unit  
Box 1000  
Coaldale T0K 0L0  
345-4451

Drumheller Health Unit  
Box 1780  
Drumheller T0J 0Y0  
823-3341

City of Edmonton Local Board of Health  
787 C.N. Tower  
Edmonton T5J 0K1  
428-3636

Alberta West Central Health Unit  
Box 1718  
Edson T0E 0P0  
723-4421

Chinook Health Unit  
Box 727  
Fort MacLeod T0L 0Z0  
553-4451

Fort McMurray and District Health Unit  
Prov. Bldg.  
9915 Franklin Avenue  
Fort McMurray T9H 2K4  
743-3232

Grande Prairie Health Unit  
10801 - 100 Street  
Grande Prairie T8V 3B5  
532-4441

Big Country Health Unit  
Box 279  
Hanna T0J 1P0  
854-4451

High Level-Fort Vermilion Health Unit  
Bag 400  
High Level T0H 1Z0  
926-3791

Foothills Health Unit  
Box 638  
High River T0L 1B0  
652-3297 or 652-3298

Jasper National Park Health Unit  
Box 925  
Jasper T0E 1E0  
852-3344

City of Lethbridge Health Unit  
542 - 7 Street S.  
Lethbridge T1J 2H1  
327-2166

Medicine Hat Health Unit  
770 - 1 Street S.E.  
Medicine Hat T1A 0B4  
527-1136

Peace River Health Unit  
10015 - 98 Street  
Box 69  
Peace River T0H 2X0  
624-3611

Red Deer Health Unit  
4920 - 51 Street  
Red Deer T4N 6R8  
343-5340

Leduc-Strathcona Health Unit  
2011 Brentwood Boulevard  
Sherwood Park T8A 0X2  
467-5571

Alberta East Central Health Unit  
Box 550  
Stettler T0C 2L0  
742-3326

Stony Plain-Lac Ste. Anne Health Unit  
Box 210  
Stony Plain T0E 2G0  
963-2206

Sturgeon Health Unit  
23 Sir Winston Churchill Avenue  
Box 174  
St. Albert T8N 1N3  
459-6671

North Eastern Alberta Health Unit  
Box 1468  
St. Paul T0A 3A0  
645-3396

Vegreville Health Unit  
Box 99  
Vegreville T0B 4L0  
632-3331

Minburn-Vermilion Health Unit  
Box 720  
Vermilion T0B 4M0  
853-2811

Wetoka Health Unit  
5201 - 49 Avenue  
Wetaskiwin T9A 0R1  
352-3337

Worsley Municipal Nursing Station  
Worsley T0H 3W0  
685-3752

## **K. Home Care Program** Also **Home Services** (see page 61) and **Home Nursing** (see page 60).

If you require 'at home' treatment such as home nursing, homemakers, or therapy that can be done at home, contact the nearest Health Unit (see page 59). The Home Care Program requires a medical entry and referral in order for treatment to begin (see page 26).

## **L. Home Nursing Services**

Includes bathing assistance, administration of medications, dressing changes and other nursing procedures provided under the orders of the client's physician. There is no cost for nursing care provided by the Coordinated Home Care Program. Call the Home Care Program in your Health Unit, (see page 59), or contact:

### **Victorian Order of Nurses:**

120 - 13 Avenue S.E.  
Calgary T2G 1B3  
233-2347

307, 10240 - 124 Street  
Edmonton T4N 3W6  
488-7256

9924 - 111 Avenue  
Grande Prairie T8V 4L3  
532-7711 (Ext. 249)

Lethbridge Municipal Hospital  
Lethbridge  
327-4531/328-0033

208, 631 Prospect Drive S.W.  
Medicine Hat T1A 4C2  
527-7781

## **M. Hospitals/Clinics**

Are located in most communities. Many hospitals provide rehabilitation services in addition to inpatient care. Some specialized hospitals have clinics that deal with specific conditions. Contact your personal physician or health unit (see page 59) for further information.

## **N. Medical and Hospital Insurance**

Alberta Health Care Insurance Plan covers a variety of standard medical fees based on their schedule of benefits (*see page 7*). For further information, contact:

Alberta Health Care Insurance Plan:

11759 Groat Road  
Edmonton T5J 2N3  
427-1432

## **O. Nutrition**

For information about nutrition and special diets, call the Health Unit (*see page 59*), or Self-Help Groups (*see page 80*), or the Home Economist in your local Alberta Agriculture office.

## **P. Social Hygiene (V.D.) Clinics**

For free and confidential diagnosis, treatment and counselling, call your own doctor, local hospital or:

Calgary Clinic:

6 Floor, 1300 - 8 Street S.W.  
Calgary T2R 1B2  
261-6562

Edmonton Clinic:

10105 - 109 Street  
Edmonton T5J 1M8  
427-2834 (M)  
427-2836 (F)

Fort McMurray Health Unit:

Prov. Bldg.  
9915 Franklin Avenue  
Fort McMurray T9H 2K4  
743-3232

Lethbridge Clinic:

Room 102, Lethbridge Municipal Hospital  
Lethbridge  
329-5272

# **HOME SERVICES**

## **A. Home Maintenance Services**

Provides services such as snow shovelling and minor home repairs at fees based on ability to pay. For further information call your Health Unit (*see page 59*), municipal office of Family and Community Support Services (formerly P.S.S.) (*see page 65*), or:

Canadian Foundation for Poliomyelitis and Rehabilitation:

2020 - 15 Street N.W.  
Box 3067, Station B  
Calgary T2M 4L6  
284-1161

## B. Homemaker Services

Provides limited in-home services for families in temporary distress situations. Fees are based on ability to pay. Call your local health authority (*see page 59*), municipal office of Family and Community Support Services (formerly P.S.S.) (*see page 65*), or:

Canadian Foundation for Poliomyelitis  
and Rehabilitation:

2020 - 15 Street N.W.  
P.O. Bpx 3067, Station B  
Calgary T2M 4L6  
284-1161

Family Services:

Calgary Family Service Bureau:

120 - 13 Avenue S.E.  
Calgary T2G 1B3  
233-2370

Catholic Family Services:

120 - 13 Avenue S.E.  
Calgary T2G 1B3  
233-2360

Family Service Association of  
Edmonton:

9919 - 106 Street  
Edmonton T5K 1E2  
423-2831

Red Deer Family Service Bureau:

400, 4808 - 50 Street  
Red Deer T4N 1X5  
343-6400

Y.W.C.A. Family Relief Services:

10305 - 100 Avenue  
Edmonton T5J 3C8  
423-9922

## C. Meals-On-Wheels

Meals for persons unable to make their own meals, but able to maintain independent living in other ways, are delivered by volunteers in most areas of the province at nominal fees. Contact the Home Care Program at the local health authority (*see page 59*), or municipal office of Family and Community Support Services (formerly P.S.S.) (*see page 65*).

# HOUSING

## A. Advice in Finding Accommodation

For information and lists of specialized housing, contact:

Calgary Association of Self-Help:

1117 Macleod Trail S.W.  
Calgary T2G 2M8  
265-2806/266-8711

Canadian Paraplegic Association

8, 2439 - 54 Avenue S.W.  
Calgary T3E 1M4  
243-4010

18131 - 107 Avenue  
Edmonton T5S 1K4  
489-7731

Handicapped Housing Society:

10325 - 83 Avenue  
Edmonton T6E 2C6  
433-9201

Lethbridge Access Housing Association

622 - 6 Street S.  
Lethbridge T1J 2E3  
328-0109

Rehabilitation Society of Calgary:

1112 Memorial Drive N.E.  
Calgary T2E 4Z2  
263-8341

## **B. Group Homes**

For information on group homes and special residences, call your local District Office of Social Services and Community Health (*see page 51*), or Self-Help Groups (*see page 80*).

## **C. Home Adaptation Program**

Provides a grant of up to \$1,000 to homeowners of any age who are wheelchair users or have a member of their household using a wheelchair, provided the applicant meets the eligibility requirements of the program. Tenants and landlords may also apply (*see page 9*).

This is a one-time only grant which the applicant must use over a period of three years from date of approval. For further information, contact:

Home Adaptation Program, Alberta Housing:

11156 Jasper Avenue  
Box 2453  
Edmonton T5K 3B8  
427-5760

## **D. Landlord and Tenant Disputes**

For advice and mediation, contact the nearest Alberta Consumer and Corporate Affairs office, or:

Communitas Inc.:

200, 10123 - 112 Street  
Edmonton T5K 1M1  
422-1171

385 Gregoire Drive  
Fort McMurray T9H 4K7  
743-3027 791-4646

Yates Memorial Centre  
Lethbridge T1J 0P6  
320-3841

Landlord and Tenant Advisory Board:

Box 1835  
Banff T0L 0C0  
762-4426

City Hall, 580 - 2 Street S.E.  
Medicine Hat T1A 0C7  
527-3632

3 Floor, 205 - 8 Avenue S.E.  
Calgary T2P 2M5  
268-4656

4909 - 48 Street  
Red Deer T4N 1S8  
343-0410

10237 - 98 Street  
Edmonton T5J 0M7  
426-4951

# **INFORMATION SERVICES**

## **A. About Disabilities**

Information on the broad range of services is provided by the District Offices of Social Services and Community Health (*see page 51*):

Alberta Rehabilitation Council for the Disabled:

410, 5920 - 1A Street S.W.  
Calgary T2H 0G3  
259-2602

303 Kingsway Garden Mall  
Edmonton T5G 3A6  
474-8391

9823 - 116 Avenue  
Grande Prairie T8V 4B2  
539-1095

Citizen Resource Centre of  
Southwestern Alberta:  
1702 - 23 Street N.  
Lethbridge T1H 5B3  
320-1113

Project Reach:  
c/o Elves Memorial Child  
Development Centre  
10825 - 142 Street  
Box 1680

Helpful information is also available from:

## **B. Community Information Centres**

For information on services available in your community on health, welfare, recreation and other services:

AID Centre:  
3 Floor, 205 - 8 Avenue S.E.  
Calgary T2G 0K9  
268-4656 (Voice)  
268-4694 (TDD)

Aid Information Centre:  
Box 156  
Strathmore T0J 3H0  
934-5335

Aid Service of Edmonton:  
203, 10711 - 107 Avenue  
Edmonton T5H 0W6  
426-3242

AID Service of Fort McMurray:  
8530 Franklin Avenue  
Fort McMurray T9H 2J3  
743-5000

Airdrie Information Centre:  
Box 689  
Airdrie T0M 0B0  
948-5907

Citizen Action Centre:  
1 Sir Winston Churchill Square  
Edmonton T5J 2R7  
428-2600/428-8616 (TTY)

Community Information Service:  
9925 - 100 Avenue  
Grande Prairie T8V 0V1  
539-INFO; 539-1055

Community Resource Centre:  
631 Prospect Drive S.W.  
Medicine Hat T1A 4C2  
527-7781

Information Lethbridge:  
Yates Memorial Centre  
Lethbridge  
320-3841

Open Door:  
10024 - 101 Street  
Box 2215  
Peace River T0H 2X0  
624-1722

Project Approach:  
204 Caribou Street  
Box 1835  
Banff T0L 0C0  
762-4511

Red Deer AID Service:  
5017 Ross Street  
Red Deer T4N 1Y2  
342-1243

Strathcona County Information and  
Volunteer Centre:  
1008 Village Drive  
Sherwood Park T8A 4V6  
464-4242

**C. Consultation/Program Development** See Also **Social Action** (see page 79) and **Self-Help Groups**, (see page 80) **Rehabilitation Services** (see page 50).

For consultation in the development of community programs to meet the social needs of residents of a participating municipality contact:

Family and Community Support Services (formerly P.S.S.):

|                    |                            |
|--------------------|----------------------------|
| Town of Airdrie    | Box 87                     |
| Airdrie T0M 0B0    | Cold Lake T0A 0V0          |
| 948-5907           | 639-3626 (Cold Lake)       |
| Alexis Band        | 594-3744 (Grande Centre)   |
| Band 7             | Town Office                |
| Glenevis T0E 0X0   | Drayton Valley T0E 0M0     |
| Box 90             | 542-5327 (Local 52)        |
| Athabasca T0G 0B0  | Box 2549                   |
| 675-2623           | Drumheller T0J 0Y0         |
| Box 1835           | 823-5195                   |
| Banff T0L 0C0      | 6 Floor, C.N. Tower        |
| 762-4426           | Edmonton T5J 0K1           |
| Box 488            | 428-5917                   |
| Barrhead T0G 0E0   | Box 340                    |
| 674-3341           | Elk Point T0A 1A0          |
| Box 326            | 724-3800                   |
| Blairmore T0K 0M0  | Box 210                    |
| 562-8861           | Falher T0H 1M0             |
| Box 1665           | 837-2014                   |
| Bonnyville T0A 0L0 | 7, 42 Riedel Street        |
| 826-2120           | Fort McMurray T9H 3E1      |
| Box 1749           | 743-1000                   |
| Brooks T0J 0J0     | Box 120                    |
| 362-4973           | Fort Chipewyan T0P 1B0     |
| Box 2100           | 697-3674                   |
| Calgary T2P 2M5    | Frog Lake Band             |
| 268-5111           | Frog Lake T0A 1M0          |
| 4703 - 53 Street   | 10005 - 102 Street         |
| Camrose T4V 1Y8    | Fort Saskatchewan T8L 2C5  |
| 672-0141           | 998-5151                   |
| Box 460            | Box 300                    |
| Canmore T0L 0M0    | Grande Cache T0E 0Y0       |
| 678-5593           | 827-2296                   |
| Box 1297           | 9925 - 100 Avenue (City)   |
| Claresholm T0L 0T0 | Grande Prairie T8V 0V1     |
| 625-4417           | 532-1055                   |
| Box 328            | 8611 - 108 Street (County) |
| Coaldale T0K 0L0   | Grande Prairie T8V 4L5     |
| 345-4451           | 532-9722                   |

Box 430  
Hanna T0H 1P0  
854-4433

Box 485  
High Level T0H 1Z0  
926-2267

Box 999  
High Prairie T0G 1E0  
523-4441

Town Office  
Box 818  
Hinton T0E 1B0  
865-2217

Box 220  
Innisfail T0M 1A0  
227-3376

Box 1090  
Jasper T0E 1E0  
852-5808

Box 450  
Killam T0B 2L0  
385-3976

Box 756  
Lac La Biche T0A 2C0  
623-4463

Box 1179  
Lacombe T0C 1S0  
782-6637

Box 2098 (Town)  
Leduc T9E 2Z3  
986-2004

Box 250 (County)  
Leduc T9E 2X3  
986-2251

BLT Centre  
9 Street - 4 Avenue S.  
Lethbridge T1K 2C8  
320-3005

5220 - 51 Street  
Lloydminster T9V 0P4  
825-9127

City Hall  
202 - 5 Avenue S.E.  
Medicine Hat T1A 2P8  
527-7739

Box 189  
Olds T0M 1P0  
556-6981

Box 1062  
Peace River T0H 2X0  
624-1000

Box 758  
Provost T0B 3S0  
753-2288

Box 5008  
Red Deer T4N 3T4  
342-8101

Saddle Lake Band  
Saddle Lake T0A 1M0  
590 Broadmoor Blvd.  
Sherwood Park T8A 4V8  
464-4044

Box 858  
Slave Lake T0G 2A0  
849-5325

Box 2097  
Stettler T0C 2L0  
742-2337

Grandin & Churchill Avenue  
St. Albert  
459-6601

Box 1480  
St. Paul T0A 3A0  
645-4482

Box 361  
Standard T0S 3G0  
644-3839

Box 420  
Sundre T0M 1X0  
638-3551

Town Office  
Two Hills T0B 4K0  
657-3540

Box 809  
Vegreville T0B 4L0  
632-3966

Town Office  
Viking T0B 4N0  
336-4024

Box 1391  
Wainwright T0B 4P0  
842-2555

#7, 5101 - 50 Avenue  
Wetaskiwin T9A 0S5  
352-6023

Box 1266  
Westlock T0G 2L0  
349-5900

Town Office  
Whitecourt T0E 2L0  
778-2273

Box 300  
Wildwood T0E 2M0  
325-3782

## D. Government (Provincial) Information

For information and assistance in completing calls to Provincial government offices, call you R.I.T.E. operator.

|                            |          |
|----------------------------|----------|
| Barrhead .....             | 674-3351 |
| Blairmore .....            | 562-2856 |
| Brooks .....               | 362-5551 |
| Calgary .....              | 261-6161 |
| Camrose .....              | 672-4411 |
| Cardston .....             | 653-4461 |
| Claresholm .....           | 625-3301 |
| Drumheller .....           | 823-5740 |
| Edson .....                | 723-3341 |
| Edmonton .....             | 427-2711 |
| Fort McMurray .....        | 743-7171 |
| Fort Macleod .....         | 553-3346 |
| Grande Prairie .....       | 539-2121 |
| Hanna .....                | 854-4451 |
| High Prairie .....         | 523-4561 |
| High River .....           | 652-3232 |
| Hinton .....               | 865-3361 |
| Lac La Biche .....         | 623-4474 |
| Lethbridge .....           | 329-5151 |
| Lloydminster .....         | 875-5506 |
| Medicine Hat .....         | 529-3511 |
| Olds .....                 | 556-8421 |
| Peace River .....          | 624-6181 |
| Pincher Creek .....        | 627-3366 |
| Red Deer .....             | 343-5111 |
| Rocky Mountain House ..... | 845-3394 |
| Slave Lake .....           | 849-2281 |
| Stettler .....             | 742-4481 |
| St. Paul .....             | 645-6212 |
| Taber .....                | 223-4471 |
| Three Hills .....          | 443-5503 |
| Vegreville .....           | 632-3361 |
| Vermilion .....            | 853-2811 |
| Wetaskiwin .....           | 352-1211 |

For the Deaf (TTY):

|                 |                |
|-----------------|----------------|
| Edmonton .....  | 427-9999       |
| Toll Free ..... | 1-800-232-7215 |

If calling from within the toll-free areas of the centres above, please use the local number listed. When calling from outside the toll-free zone, dial '0' and ask for Zenith 22333 for toll-free assistance.

## **E. Government (Federal) Information**

Canada Service Bureau:

|                     |                       |
|---------------------|-----------------------|
| Mezzanine Floor     | 10138 - 101 Street    |
| 220 - 4 Avenue S.E. | Edmonton T5J 0S4      |
| Calgary T2P 4K3     | 420-3021              |
| 231-4998            | 420-4161 (Visual ear) |

## **F. Interpreters**

To assist deaf persons to communicate with hearing persons in any situation, contact:

|                              |                               |
|------------------------------|-------------------------------|
| Alberta College:             | Christian Deaf Centre:        |
| 10041 - 101 Street           | 1113 - 5 Avenue S.W.          |
| Edmonton T5J 0S3             | Calgary T2P 0P4               |
| 428-1851 (TTY or Voice)      | 261-7756 (TTY or Voice)       |
| Alberta School for the Deaf: | Lethbridge Community College: |
| 6240 - 113 Street            | 2210 - 30 Avenue S.           |
| Edmonton T6H 3L2             | Lethbridge T1K 1L6            |
| 434-1481 (TTY or Voice)      | 320-3280 (TTY or Voice)       |

## **G. Members of Legislative Assembly of Alberta**

MLA's are the elected representatives of the people of Alberta. These representatives meet in session to debate and enact laws and administer policies which affect this province and its citizens.

Should any problems arise involving these laws and policies, the need for new legislation, or any situation you cannot solve yourself, call your MLA. Contact the government information office (*see page 67*) in your area to obtain your MLA's address and phone number.

## **H. Newsline**

C.N.I.B., Edmonton has a recorded telephone message featuring interesting news, activities, and supermarket specials in the Edmonton areas. Call:

C.N.I.B. .... 482-3838

## **I. Publications**

The Alberta Handicapped Communications Society, Edmonton, publishes a newspaper 'The Spokesman', monthly for distribution to mentally and physically disabled persons at a nominal cost. Contact:

Alberta Handicapped Communications Society:  
4284 - 93 Street  
Edmonton T6E 5P5  
463-5910

Many Self-Help Groups publish newsletters. Contact directly for information and to be placed on a mailing list. (See page 80).

Most organizations have pamphlets available at no cost describing their programs and services. Contact directly.

## **J. Telecommunications Devices for the Deaf (TDD)**

### **AID Centre:**

3 Floor, 205 - 8 Avenue S.E.  
Calgary T2G 0K9  
268-4656 (Voice)  
268-4694 (TDD)

### **Alberta College:**

10041 - 101 Street  
Edmonton T5J 0S3  
428-1851 (TTY or Voice)

### **Alberta Government Telephones:**

10020 - 100 Street  
Edmonton T5J 0N4  
425-2110

### **Alberta School for the Deaf:**

6240 - 113 Street  
Edmonton T6H 3L2  
434-1481 (TTY or Voice)

### **Canada Service Bureau:**

10138 - 101 Street  
Edmonton T5J 0S4  
420-4161 (Visual ear)

### **Christian Deaf Centre:**

1113 - 5 Avenue S.W.  
Calgary T2P 0P4  
261-7756 (TTY or Voice)

### **Citizen Action Centre:**

1 Sir Winston Churchill Square  
Edmonton T5J 2R7  
428-2600 (TTY)

### **City Police:**

316 - 7 Avenue S.E.  
Calgary T2G 0J2  
265-7392 (TTY)  
  
99 Street and 102 Avenue  
Edmonton T5J 2C2  
425-1231 (TTY)

### **Lethbridge Community College:**

2210 - 30 Avenue S.  
Lethbridge T1K 1L6  
320-3280 (TTY or voice)

### **R.I.T.E. Government:**

Toll-Free, 1-800-232-7215

## **LEGAL SERVICES**

Need a lawyer but do not know one? Call Lawyer Referral Service, 1-800-332-1110. If you require legal help, but cannot afford a lawyer contact:

### **Calgary Legal Guidance:**

100, 1015 Centre Street N.  
Calgary T2E 2P8  
265-5545

### **Legal Aid Society of Alberta:**

100, 615 Macleod Trail S.E.  
Calgary T2G 4T8  
261-2260  
  
401, 10310 Jasper Avenue  
Edmonton T5J 2W4  
427-7575

202, 9904 - 101 Street  
Grande Prairie T8V 0X8  
539-2470

306 Provincial Court House  
909 - 3 Avenue N.  
Lethbridge  
329-5194

Court House  
203, 132 - 4 Avenue S.E.  
Medicine Hat T1A 8B5  
529-3553

Court House  
Bag 900  
Peace River T0H 2X0  
624-6250  
  
6 Floor, 4920 - 51 Street  
Box 5002  
Red Deer T4N 5Y5  
343-5119  
  
202, 4341 - 50 Avenue  
St. Paul T0A 3A0  
645-4475 (300)  
  
Court House  
Wetaskiwin  
352-7011

Student Legal Assistance:  
Room 595, Bio-Science Building  
University of Calgary  
Calgary T2N 1N4  
284-6637

Student Legal Services:  
114 Law Centre, U. of A.  
Edmonton T6G 2H5  
432-2226

St. Paul Community Legal Services:  
Summer months only  
St. Paul  
645-4475

## **A. Legal Education**

For reference materials and legal information contact:

Dial-A-Law:  
100, 1015 Centre Street N.  
Calgary T2E 2P8  
265-5020  
Toll Free 1-800-332-1091

Legal Resource Centre:  
10047 - 81 Avenue  
Edmonton T6E 1W7  
432-5732

## **B. Public Trustee**

Administers estates of mentally incapacitated persons who are patients in mental facilities or who have been declared by the courts incapable of managing their financial affairs. Contact:

Public Trustee for the Province of Alberta, Department of the Attorney General:

201, 620 - 7 Avenue, S.W.  
Calgary T5J 2C4  
261-6541

200 Chancery Hall  
3 Sir Winston Churchill Square  
Edmonton T5J 2C4  
427-2744

# **LEISURE, SPORTS AND TRAVEL**

## **A. Camps and Camping**

A list of private and provincial campgrounds is available at no charge from Travel Alberta.

## B. Camping for Disabled Persons

Alberta Camping Association  
332 - 6th Avenue S.W.  
Calgary T2P 0R5  
269-6156

Alberta Rehabilitation Council for  
the Disabled:  
410, 5920 - 1A Street S.W.  
Calgary T2H 0G3  
259-2602

303 Kingsway Garden Mall  
Edmonton T5G 3A6  
474-8391

Camp Health, Hope and Happiness:  
Seba Beach T0E 2B0  
429-3277

Canadian Diabetes Association:  
3 Floor, 603 - 11 Avenue S.W.  
Calgary T2R 0E1  
263-9020

206, 10240 - 124 Street  
Edmonton T5N 3W6  
482-1549

Canadian Foundation for Poliomyelitis  
and Rehabilitation:  
2020 - 15 Street N.W.  
P.O. Box 3067  
Calgary T2M 3N8  
284-1161

Canadian Mental Health Association:  
201, 10580 - 109 Street  
Edmonton T5H 3B2  
426-7020

412, 1412 - 9 Avenue S.  
Lethbridge T1J 4C5  
329-4775

207, 4921 - 49 Street  
Red Deer T4N 1V1  
342-2266

Hemophilia Association:  
29 Glencoe Boulevard  
Sherwood Park T8A 2Z7  
467-9299

Kinsmen Camp Horizon:  
410, 5920 - 1A Street S.W.  
Calgary T2H 0G3  
259-2602/949-3818

Michener Centre:  
Box 5002  
Red Deer T4N 5Y5  
343-5211

Pax Natura Ranch for the Deaf:  
11460 - 60 Avenue  
Edmonton T6H 1J5  
434-1671

Recreation Development Division,  
Recreation and Parks:  
8 Floor, 10405 Jasper Avenue  
Edmonton T5J 3N4  
427-5721

William Watson Lodge  
Kananaskis Provincial Park  
General Delivery  
Seebe T0L 1X0  
591-7227, 591-7222

Young Men's Christian Association:  
332 - 6 Avenue S.W.  
Calgary T2P 0R5  
269-6156

302, 10826 - 124 Street  
Edmonton T5M 0H3  
452-9204

9919 MacDonald Avenue  
Fort McMurray T9H 1S7  
743-4950

Young Women's Christian Association  
Special Camp:  
320 - 5 Avenue S.E.  
Calgary T2G 0E5  
263-1550

## C. Facilities and Organized Sports Programs

Alberta Amputee Sports and  
Recreation Association:

2909 - 113 Avenue  
Box 11631  
Edmonton T5J 3K8  
458-0440

Alberta Association for Disabled Skiers:

Box 875, Station M  
Calgary T2P 2J6  
275-0287

Alberta Society for the Visually Impaired:

Box 2207  
Calgary T2P 1K0  
286-6250

Aquatic Program, Vocational  
Rehabilitation Research Institute:

3304 - 33 Street N.W.  
Calgary T2L 2H6  
284-1121, Ext. 331

Associated Canadian Travellers  
Recreation Centre for the Disabled:

c/o Edmonton Parks & Recreation  
10 Floor C.N. Tower  
Edmonton T5J 0K1  
428-7901

Calgary Disabled Sports and  
Recreation Club:

1129 - 23 Avenue N.W.  
Calgary T2M 4P5  
282-8986/289-4262

Lethbridge Handicapped Riding  
Association

2215 - 42 Street S.  
Lethbridge T1K 4Y8  
328-7573

Little Bits Riding Club:

5, 4555 - 101A Avenue  
Edmonton T6A 0L3  
468-2664

Paralympic Sports Association:

110, 10235 - 124 Street  
Edmonton T5N 1P9  
488-0151

Rehabilitation Society of Calgary:

1112 Memorial Drive N.E.  
Calgary T2E 4Z2  
263-8341

Roland Michener Recreation Centre:

Box 5002  
Red Deer T4N 5Y5  
343-5693

Southern Alberta Wheelchair Sports  
and Recreation:

D107 20 Berkeley Place  
Lethbridge T1K 4W1  
320-8145

## D. Library Services Also Educational Aids and Appliances (see page 37)

Include large print books, books on cassettes, records. Contact the library in your area for programs, or:

Alberta Library Services to the Handicapped

Alberta Culture:

16214 - 114 Avenue  
Edmonton T5M 2Z5  
427-2556

C.N.I.B.:

1260 Memorial Drive N.E.  
Calgary T2E 4Z3  
266-8831

12010 - Jasper Avenue  
Edmonton T5K 0P3  
488-4871

## E. Recreation Opportunities

For information on recreation opportunities, contact:

Alberta Advisory Board on Recreation  
for the Disabled:

13 Mission Avenue  
St. Albert T8N 1H6  
459-4228

Local Recreation Department in your area.

Regional Recreation Consultant, Alberta Recreation, Parks & Wildlife.

Y.M.C.A. or Y.W.C.A.

## F. Social and Cultural Activities

Most local self help associations, residences, and schools plan social activities for their members, contact:

Alberta Cultural Society of the Deaf:

6240 - 113 Street  
Edmonton T6H 3L2  
434-1481 (TTY or Voice)

Association of Adult Social  
Day Programmes:

8314 - 88 Avenue  
Edmonton T6C 1L1  
465-7839

Associated Canadian Travellers

Recreation Centre for the Disabled:  
c/o Edmonton Parks & Recreation  
10 Floor, C.N. Tower  
Edmonton T5J 0K1  
428-7901

Between Friends:

c/o 1820 Richmond Road S.W.  
Calgary T2T 5C7  
244-3450/245-7000

Canadian National Institute for the Blind:

1260 Memorial Drive N.E.  
Calgary T2E 4Z3  
266-8831

Lethbridge Handicapped Social Society:

811, 535 - 8 Street, S.  
Lethbridge T1J 2B9  
328-6394

## G. Travel and Vacation

When making holiday arrangements, discuss special health needs with carriers, travel agent, etc. For information on travel agents specializing in services for physically disabled individuals or groups, and lists of accommodation with wheelchair access, contact:

Canadian Paraplegic Association

8, 2439 - 54 Avenue S.W.  
Calgary T3E 1M4  
243-4010

18131 - 107 Avenue  
Edmonton T5S 1K4  
489-7731

The booklet entitled 'Visitor's Guide', available from Travel Alberta will also provide helpful information. Contact:

Travel Alberta:

5 Floor, 999 - 8 Street S.W.  
Calgary T2R 1J5  
261-6574

14 Floor, 10065 Jasper Avenue  
Edmonton T5J 0H4  
427-4321

## H. Volunteer Opportunities

If you wish to volunteer your time or if you need the assistance of a volunteer, contact:

**Lethbridge Volunteer Bureau:**

106, 517 - 4 Avenue S.  
Lethbridge T1J 0N4  
329-0088

**Volunteer Centre of Calgary:**

1129 - 17 Avenue S.W.  
Calgary T2T 0B6  
245-6878

**Strathcona County Information &  
Volunteer Referral Centre:**

1008 Village Drive  
Sherwood Park T8A 4V6  
464-4242

**Volunteer Resource Centre:**

20 Perron Street  
St. Albert T8N 1E4  
459-6666

**Volunteer Action Centre:**

9844 - 110 Street  
Edmonton T5K 1J1  
482-6431

**Volunteer Services Bureau:**

9925 - 100 Avenue  
Grande Prairie T8V 0V1  
532-1055

7 Flr., Jubilee Centre  
9909 Franklin Avenue  
Fort McMurray T9H 2K4  
743-2257

Or contact the municipal office of Family and Community Support Services (formerly P.S.S.) (see page 28) in your area, or the Self-Help Groups (see page 80).

## PARENTS AND CHILDREN

### A. Adoption of Disabled Children

For information, call the local District Office of Social Services and Community Health (see page 51).

**Financial Assistance** (see *Financial Services* page 50)

### B. Parental RélieF

For parents of physically disabled children, relief may be available for weekend or vacation periods through local group homes and other care facilities where extra beds are reserved for that purpose. Call the local residences or institutions, local Alberta Social Services District offices (see page 51), or:

**Baker Centre**

5115 - 85 Street N.W.  
Box 72  
Calgary T2P 2H2  
261-7506

**Resources for the Dependent**

Handicapped:  
St. Joan Resource Centre  
6715 - 86 Avenue  
Edmonton T6B 0J9  
427-4354

**Community Behavioural Services:**

12813 - 116 Avenue  
Edmonton T5M 3C8  
427-2065

**Respite Program:**

202 - 5 Avenue S.E.  
Medicine hat T1A 2P8  
527-7739

**Y.W.C.A. Family Relief Program:**

10305 - 100 Avenue  
Edmonton T5J 3C8  
423-9922

(See also Homemaker Services *page 62*).

## **C. Parents Support Groups**

Offer moral support and information sharing. See also **Self-Help Groups** (*see page 80*), or contact:

**Family Resource Centre, Alberta**

Children's Hospital:  
1820 Richmond Road S.W.  
Calgary T2T 5C7  
245-7211

**Glenrose Provincial General Hospital:**

10230 - 111 Avenue  
Edmonton T5G 0B7  
471-2262

**Parents of Handicappers:**

631 Prospect Drive S.W.  
Medicine hat T1A 4C2  
548-6518

**Special Programs and Resources  
for Kids (S.P.A.R.K.)**

Box 472  
Banff T0L 0C0  
762-3660

# **PERSONAL AND FAMILY COUNSELLING**

## **A. Counselling**

For problems relating to individual and family functioning, contact:

**Alberta Mental Health Services:**

2 Floor, 1000 - 8 Avenue S.W.  
Calgary T2P 3M7  
261-7311

9942 - 108 Street  
Edmonton T5K 2J5  
427-4444

Prov. Bldg.  
9915 Franklin Avenue  
Fort McMurray T9H 2K4  
743-7211

600 Nordic Court  
10014 - 99 Street  
Grande Prairie T8V 3N4  
539-2160

205, 200 - 5 Avenue S.  
Lethbridge T1J 4C7  
329-5260

247, 631 Prospect Drive S.W.  
Medicine Hat T1A 4C2  
529-3500

9621 - 96 Avenue  
Provincial Building, Bag 900-8  
Peace River T0H 2X0  
624-6151

4920 - 51 Street  
Box 5002  
Red Deer T4N 5Y5  
343-5466

5025 - 49 Avenue  
Box 1660  
St. Paul T0A 3A0  
645-4475

**Calgary Association of Self Help:**

1117 Macleod Trail S.E.  
Calgary T2G 2M8  
265-2806/266-8711

**Canadian Mental Health Association:**

201, 723 - 14 Street N.W.  
Calgary T2S 0B4  
283-7591

201, 10580 - 109 Street  
Edmonton T5H 3B2  
426-7020

9321 - 102 Avenue  
Grande Prairie T8V 0Z2  
539-6932

1412 - 9 Avenue S.  
Lethbridge T1J 4C5  
329-4775

205, 631 Prospect Drive S.W.  
Medicine Hat T1A 4C2  
527-7781

207, 4921 - 49 Street  
Red Deer T4N 1V1  
342-2266

**Canadian Paraplegic Association:**

8, 2439 - 54 Avenue S.W.  
Calgary T3E 1M4  
243-4010 (Southern District)

18131 - 107 Avenue  
Edmonton T5S 1K4  
489-7731 (Provincial Office)  
484-7725 (Northern District)

**Catholic Family Services:**

120 - 13 Avenue S.E.  
Calgary T2G 1B3  
233-2360

9518 - 102A Avenue  
Edmonton T5H 0G1  
424-0651

4921 - 49 Street  
Red Deer T4N 1V2  
347-8845

**Centre for Personal and Community Development:**

205, 740 - 4 Avenue S.  
Lethbridge T1J 0N9  
327-5724

**Community Enrichment Program:**

11728 Kingsway Avenue  
Edmonton T5G 0X5  
452-3033

**Family Services:**

Calgary Family Service Bureau:  
120 - 13 Avenue S.E.  
Calgary T2G 1B3  
233-2370

**Family Service Association of Edmonton:**

9919 - 106 Street  
Edmonton T5K 1E2  
423-2831

**Red Deer Family Service Bureau:**

400, 4808 - 50 Street  
Red Deer T4N 1X5  
343-6400

**Hospitals — Department of Social Work — call the Hospital.**

**Jewish Family Services:**

5720 Macleod Trail S.  
Calgary T2N 0J6  
252-8136

606, 10136 - 100 Street  
Edmonton T5J 0P1  
424-6346

**Rehabilitation Society of Calgary:**

1112 Memorial Drive N.E.  
Calgary T2E 4Z2  
263-8341

**Rehabilitation Society of Southwestern Alberta:**

1610 - 29 Street N.  
Lethbridge T1H 5L3  
329-3911

## **B. Family Life Education**

Courses are offered in most areas of the province in parenting skills, etc. to enhance family relationships. Call your municipal office of Family and Community Support Services (formerly P.S.S.) (see page 65), or Health Unit (see page 59).

## C. Help in a Crisis

For the lonely, depressed, desperate, (24 hours) call:

|                                                 |                        |
|-------------------------------------------------|------------------------|
| Aid Line:                                       |                        |
| Camrose .....                                   | 672-2833               |
| Better Way:                                     |                        |
| Edmonton .....                                  | 471-6562               |
| Red Deer .....                                  | 343-3888               |
| Dial 'Help' Distress Line:                      |                        |
| Fort McMurray .....                             | 743-HELP               |
| Distress Centre/Drug Centre:                    |                        |
| Calgary .....                                   | 266-1605               |
| Distress Line:                                  |                        |
| Edmonton .....                                  | 426-4252               |
| Grande Centre — Cold Lake Help and Crisis Line: |                        |
| Grande Centre .....                             | 639-3334               |
| Medicine Hat Careline:                          |                        |
| Medicine Hat .....                              | 527-3083<br>(evenings) |
| Suicide Prevention Bureau, Salvation Army:      |                        |
| Calgary .....                                   | 252-3111               |
| Edmonton .....                                  | 422-2727               |
| Lethbridge .....                                | 328-2860               |
| Red Deer .....                                  | 346-2251               |

## RIGHTS, COMPLAINTS, APPEALS AND ADVOCACY

**A. Advocacy** — See also **Self-Help Groups** (page 80), **Social Action** (page 79).

For assistance in establishing and protecting the rights of a disabled person, contact:

|                            |                    |
|----------------------------|--------------------|
| Citizen Advocacy Society:  | 1818 - 5 Avenue S. |
| 201, 1235 - 17 Avenue S.W. | Lethbridge T1J 0W6 |
| Calgary T2T 0C2            | 327-2991           |
| 244-4371                   |                    |

10632 - 124 Street  
Edmonton T4N 1S3  
482-1135

## **B. Appeals — See Financial Assistance (page 51)**

You have the right to appeal any decision that directly affects your life or lifestyle.

Obtain information directly from the appropriate department on their appeal procedure.

## **C. Guardianship**

The Office of the Public Guardian assists those persons wishing to act as private guardians for dependent adults. Where private guardians are not available, the Public Guardian seeks legal appointment as guardian for the dependent adult (*see also page 24*). Contact:

Office of the Public Guardian:

2 Floor, Executive Place

731 - 6th Avenue S.W.

Calgary T2P 0V1

261-3364

2 Floor, 10105 - 109 Street

Edmonton T5J 3M4

427-0018

2 Floor, Provincial Building

4920 - 51 Street

Red Deer T4N 6K8

343-5165

5 Floor, Professional Building

740 - 4 Avenue, South

Lethbridge T1J 0N9

329-5648

## **D. Guide Dogs**

When accompanying a blind person, guide dogs are allowed access to all public services and facilities, restaurants, taverns, taxis, and all public accommodation including hotels, and motels. If you and your guide dog are refused access, you may file an inquiry with the Human Rights Commission (*see below*). An identification card, which includes a summary of the Individual Rights Protection Act is available from:

Canadian National Institute for the Blind:

1260 Memorial Drive N.E.

Calgary T2E 4Z3

266-8831

12010 Jasper Avenue

Edmonton T5K 0P3

488-4871

1273 - 3 Avenue S.

Lethbridge T1J 0K2

327-1044/327-4274

## **E. Human Rights**

Discrimination is prohibited in employment, accommodation, access to public services and facilities — based on age, sex, marital status, race, creed, colour, national origin or physical characteristics. If you feel that you have been discriminated against, you may file an inquiry with:

Human Rights Commission:

1253, 63 - 6 Avenue S.W.

Calgary T2P 2Y5

261-6571

501, 10053 - 111 Street

Edmonton T5K 2H8

427-7661

For educational programs and promotion of discussion of human rights issues, contact:

**Calgary Civil Liberties Association:**

210, 637 - 5 Avenue S.W.  
Calgary T2P 0M9  
269-1949

**Citizens Human Rights Council:**

1011 - 4 Avenue S.  
Lethbridge T1J 0P7  
328-1808

**Human Rights & Civil Liberties**

**Association:**

331, 10765 - 98 Street  
Edmonton T5H 2P2  
421-0846

Complaints of discrimination by a Provincial Government Department should be directed to:

**Office of the Ombudsman:**

1080, 700 - 4 Avenue S.W.  
Calgary T2P 3J4  
261-6185

1630, 10020 - 101 A Avenue  
Edmonton T5J 3G2  
427-2756

## **F. Social Action**

Some of the groups who protect rights, and lobby to effect change:

**Alberta Association for the Mentally Retarded:**

11728 Kingsway Avenue  
Edmonton T5G 0X5  
451-3055

**Alberta Committee of Consumer Groups of Disabled Persons:**

4284 - 93 Street  
Edmonton T6E 5P5  
463-5917

**Calgary Action Group of the Physically Disabled:**

c/o 816 - 1 Street S.W.  
Calgary T2P 1N1  
263-9222

**Calgary Association of Self-Help:**

1117 Macleod Trail S.E.  
Calgary T2G 2M8  
265-2806/266-8711

**Canadian Paraplegic Association:**

8, 2439 - 54 Avenue S.W.  
Calgary T3E 1M4  
243-4010  
18131 - 107 Avenue  
Edmonton T5S 1K4  
489-7731

**Disabled on the Move:**

610 - 8 Street S.  
Lethbridge T1J 2K1  
327-3999

**Edmonton Action Group for the Physically Disabled:**

4284 - 93 Street  
Edmonton T6E 5P5  
463-5917

**Red Deer Action Group of the Physically Disabled:**

4620 - 47 Avenue  
Red Deer T4N 6C3  
343-1199

## **G. Voting (Provincial Elections)**

For information on eligibility, advance polls accessible to physically disabled persons, proxy voting, or write-in voting, call the Returning Officer in your Electoral Division. This number will appear in the newspaper when an election is called. If you require transportation to vote, call the candidate's campaign headquarters for information.

# SELF-HELP GROUPS

For information and group support related to various conditions and disabilities, contact:

## Alzheimer Disease

Alzheimer Society:  
c/o Adri Webb, 8 Floor  
Department of Geriatric Medicine  
Edmonton General Hospital Complex  
11111 Jasper Avenue  
Edmonton T5K 0L4  
482-8088

## Arthritis

404, 501 - 18 Avenue S.W.  
Calgary T2S 0C7  
234-7520

Edmonton Arthritic Society  
Box 12078  
Edmonton T5J 3L2  
451-4731/487-0093

## Asphasia

Language & Learning Association of  
Edmonton:  
6755 - 88 Street  
Edmonton T6E 4Y4  
465-5327

## Autism

Alberta Society for Autistic Children:  
7330 - 113 Street  
Edmonton T6G 1L6  
435-0161

Calgary Association for Autistic Children:  
Box 8098, Station F  
Calgary T2J 2V2  
289-5358

Society for the Treatment of Autism:  
404 - 94 Avenue S.E.  
Calgary T2J 2V2  
253-2291

c/o Mrs. Hilda Holz  
Diamond City T0K 0T0  
327-9425

## Blind and Visually Impaired

Alberta Society for the Visually Impaired:  
Box 2207  
Calgary T2P 1K0  
286-6250  
Box 8737  
Edmonton T6C 0Y0  
467-8128

Blind, Deaf, Rubella Group:  
c/o 12010 Jasper Avenue  
Edmonton T5K 0P3  
488-4871

Canadian National Institute for the Blind:  
1260 Memorial Drive N.E.  
Calgary T2E 4Z3  
266-8831  
12010 Jasper Avenue  
Edmonton T5K 0P3  
488-4871

1273 - 3 Avenue S.  
Lethbridge T1J 0K2  
327-1044/327-4274  
Red Deer and Central Alberta  
1-800-222-6471

## Brain Injury

Association for the Rehabilitation of the  
Brain Injured (A.R.B.I.):  
74 Walnut Drive S.W.  
Calgary T3C 3H3  
249-6450

## Burns

Alberta Burn Rehabilitation Society:  
10907 - 67 Avenue  
Edmonton T6H 2B9  
439-6159  
410, 5920 - 1A Street S.W.  
Calgary T2H 0G3  
272-3721

## **Cancer**

### **Canadian Cancer Society:**

6305 - 45 Avenue  
Camrose T4V 0C3  
672-4241

1134 - 8 Avenue S.W.  
Calgary T2P 1J5  
263-3120 (Alberta Division)

1609 - 14 Street S.W.  
Calgary T3C 1E3  
244-2791 (Calgary Branch)

9907 - 108 Avenue  
Edmonton T5H 1A5  
429-2662

Box 2216  
Edson T0E 0P0  
723-2833

c/o Ron Coulson  
130 Beacon Hill Drive  
Fort McMurray T9H 2B6  
743-5800 (Bus.)/743-4975 (Res.)

Box 516  
Hinton T0E 1B0  
865-3473

317 - 10 Street S.  
Lethbridge T1J 2M7  
327-5452

631 Prospect Drive S.W.  
Medicine Hat T1A 4C2  
527-7781

509, 4808 Ross Street  
Red Deer T4N 1X5  
347-3662

3742 - 53 Street  
Wetaskiwin T9A 2K7  
352-5653

### **Pediatric Parents Group:**

4611 - 107 A Avenue  
Edmonton T6A 1M9  
466-5733/432-8512

### **Torch Bearers:**

1611 - 29 Street N.W.  
Calgary T2N 4J8  
277-1410

## **Celiac Sprue**

### **Canadian Celiac Sprue Association:**

Box 3675, Station B  
Calgary T2M 4M4  
247-1479

c/o 5416 - 111A Street  
Edmonton T6H 3H1  
464-5632

## **Cerebral Palsy**

### **Cerebral Palsy Association in Alberta:**

108 St. Leo School  
6220 Lakeview Drive S.W.  
Calgary T3E 5T1  
246-3111 (Alberta Div.)

7 Princeton School  
7720 - 130 Avenue  
Edmonton T5C 1Y2  
478-8777 (Branch Office)

c/o 127 Airmont Court  
Fort McMurray T9J 1G1  
743-9316

### **Calgary Cerebral Palsy Association:**

39 Silvergrove Court N.W.  
Calgary T3B 5A3  
287-0913/288-8133

### **Edmonton Cerebral Palsy Association:**

Box 1913  
Edmonton T5J 2P3  
478-8777

## **Colitis (Ileitis & Colitis see page 83)**

## **Colostomy (Ostomy see page 89)**

## **Crohn's Disease (Ileitis & Colitis see page 83)**

## **Cystic Fibrosis**

### **Canadian Cystic Fibrosis Foundation:**

230 Lake Fraser Place S.E.  
Calgary T2J 3T5  
278-1094

212, 11803 - 125 Street  
Edmonton T5L 0S1  
454-0568

R.R. 4

Red Deer T4N 5E4  
347-3666

**Deaf and Hard of Hearing**

Alberta Association for the Deaf:  
Box 1133  
Edmonton T5J 2M1  
427-0624/Rite (TTY)

Alberta Cultural Society of the Deaf:  
6240 - 113 Street  
Edmonton T6H 3L2  
434-1481

Association for the Hearing Handicapped:  
11342 - 127 Street  
Edmonton T5M 0T8  
455-1904

Blind, Deaf, Rubella Group:  
c/o 12010 Jasper Avenue  
Edmonton T5K 0P3  
488-4871

Calgary Association of the Deaf:  
3311 - 60 Street N.E.  
Calgary T1Y 3B4  
285-6983/Rite (TTY)

Canadian Association of the Deaf:  
11447 - 38 Avenue  
Edmonton T6J 0L3  
435-8756

Christian Deaf Centre:  
1113 - 5 Avenue S.W.  
Calgary T2P 0P4  
261-7756 (TTY or Voice)

Cross of Christ Lutheran Church of the  
Deaf & the Deaf Centre:  
11460 - 60 Avenue  
Edmonton T6H 1J5  
434-1671

Deaf Canadian Readers' Association:  
Box 1291  
Edmonton T5J 2M8  
462-3323/Rite (TTY)

Edmonton Association of the Deaf:  
Box 654  
Edmonton T5J 2K8  
462-3323/Rite (TTY)

Edmonton Deaf Theatre Association:  
6240 - 113 Street  
Edmonton T6H 3L2  
434-1481

Federation of Silent Sports of Alberta:  
6240 - 113 Street  
Edmonton T6H 3L2  
434-1481

Hard of Hearing Group:  
1316 - 13 Avenue S.  
Lethbridge T1K 0R5  
328-4394

Hard of Hearing Organization:  
2B, 10242 - 120 Street  
Edmonton T5K 2A3  
429-5621 (Est. 545 Alma Webster)  
488-7993 (A. Mennie)

Language & Learning Development  
Association of Edmonton:  
6755 - 88 Street  
Edmonton T6E 4Y4  
465-5327

Pax Natura Ranch for the Deaf:  
11460 - 60 Avenue  
Edmonton T6H 1J5  
434-1671

Society for the Communication  
Disordered:  
Box 91  
Wembley T0H 3S0  
766-2651

Society for the Hearing Handicapped:  
120 - 13 Avenue S.E.  
Calgary T2G 1B3  
264-3185

Southern Alberta Deaf Centre:  
Room G, 108 - 22 Street N.W.  
Calgary T2N 2M8  
283-0409

**Depression** (Mental Health  
*see page 85*)

**Diabetes**

Canadian Diabetes Association:  
3 Floor, 603 - 11 Avenue S.W.  
Calgary T2R 0E1  
263-9020  
206, 10240 - 124 Street  
Edmonton T5N 3W6  
482-1549  
17 Poplar Place Park  
Edson T0E 0P0  
723-3256

Box 8360  
Clearwater Postal Station  
Fort McMurray T9H 4J2  
743-5834

Box 157  
Lethbridge T1J 3Y5  
327-4114

c/o Box 351  
Red Deer T4N 5E9  
343-3522

**Down's Syndrome** (Mentally  
Handicapped — Mentally Retarded  
*see page 85*)

**Dyslexia** (Learning Disabilities  
*see page 84*)

**Emphysema** (Lung *see page 84*)

### **Epilepsy**

Edmonton Epilepsy Association:  
416, 10010 - 105 Street  
Edmonton T5J 1C8  
422-2710

Epilepsy Association of Calgary:  
4112 - 4 Street N.W.  
Calgary T2K 1A2  
230-2764

Lethbridge Epilepsy Association:  
c/o 1120 - 7 Avenue S.  
Lethbridge T1J 1K5  
328-8344

Red Deer and District Epilepsy  
Association:  
Apt. B, 5622 - 42 Street  
Red Deer T4N 1C1  
343-0981

### **Heart**

Alberta Heart Foundation:  
2011 - 10 Avenue S.W.  
Calgary T3C 0K4  
244-0786

208, 10235 - 124 Street  
Edmonton T5N 1P9  
482-6322

2401 Scenic Drive  
Lethbridge T1K 1N2  
327-4264

4609 Gaetz Avenue  
Red Deer T4N 3Z9  
347-1303

### **Hemophilia**

Canadian Hemophilia Society:  
c/o 2221 Westmount Road N.W.  
Calgary T2N 3N5  
283-4148

29 Glencoe Boulevard  
Sherwood Park T8A 2Z7  
467-9299

### **Huntington Chorea**

Huntington Society of Canada:  
c/o 11511 - 72 Avenue  
Edmonton T6G 0B7  
436-0380 (Northern Alberta Chapter)

823 - 124 Avenue S.W.  
Calgary T2W 1T1  
281-5001 (Southern Alberta Chapter)

### **Ileitis & Colitis** (Crohn's Disease)

Canadian Foundation for Ileitis & Colitis:  
Box 960, Station T  
Calgary T2H 2H2  
281-5252

Box 4182  
Edmonton T6E 4T2  
465-3018

635 - 25 Street N.  
Lethbridge T1H 3V7  
329-3205

### **Kidney**

Kidney Foundation of Canada:  
Box 101  
Blackfalds T0M 0J0  
885-4070 (Central Alberta)

Box 1269  
Bonnyville T0A 0L0  
826-3569

103, 5920 - 1A Street S.W.  
Calgary T2H 0G3  
255-1113

6209 - 41 Avenue  
Camrose T4V 2W5  
672-4491

208, 8540 - 109 Street  
Edmonton T6G 1E6  
439-1301

Box 127  
Fort Macleod T0L 0Z0  
553-3423

Box 1026  
Grande Prairie T8V 4B5  
532-2474

443 Dieppe Boulevard S.  
Lethbridge T1J 3X3  
327-0776

23 Carr Crescent  
Medicine Hat T1B 1T4  
527-1678

Box 1564  
Taber T0K 2G0  
223-3428

Renal Patient Liaison Meeting:  
208, 8540 - 109 Street  
Edmonton T6G 1E6  
432-6971 (D. Perry)/439-1301

### **Learning Disabilities**

Alberta Association for Children and  
Adults with Learning Disabilities:  
1103 Baker Centre  
10025 - 106 Street  
Edmonton T5J 1G4  
423-1073 (Alberta Division)

Box 1837  
Airdrie T0M 0B0  
948-7653  
  
2023 Mount Royal College  
4825 Richard Road S.W.  
Calgary T3E 6K6  
249-4444

c/o Mrs. Irene Stuckey  
R.R. 1  
Ohalton T0B 3P0  
373-2616 (Camrose Chapter)

Box 88  
Rumsey T0J 0Y0  
368-2321 (Drumheller Chapter)

302, 10010 - 105 Street  
Edmonton T5J 1C4  
426-5965

5 Wagner Street  
Fort McMurray T9H 1Z9  
743-2023

c/o Box 2237  
Lacombe T0C 1S0  
782-2649 (Central Alberta Chapter)

c/o 32 Ireland Court  
Medicine Hat T1A 7H8  
526-4466

c/o Box 933  
Olds T0M 1P0  
556-8726 (Mountain View Chapter)

c/o 4430 - 53 St. Crescent  
Red Deer T4N 2G2  
347-2796

c/o Box 581  
Smoky Lake T0A 3C0  
656-3950

c/o 311 Church Road  
Spruce Grove T0E 2C0  
962-3620 (East Parkland Chapter)

c/o Box 746  
Three Hills T0M 2A0  
443-5962

c/o Box 1407  
Westlock T0G 2L0  
349-4265

### **Lung**

Alberta Lung Association:  
1011 - 13 Street S.W.  
Calgary T3C 3R3  
244-8006  
  
10618 - 124 Street  
Edmonton T5N 3X4  
482-6527

6 Professional Building  
740 - 4 Avenue, S.  
Lethbridge T1J 0N8  
327-5401

## **Mental Health**

### **Canadian Mental Health Association:**

205, 10711 - 107 Avenue  
Edmonton T5H 0W6  
426-6665 (Provincial Office)

201, 723 - 14 Street N.W.  
Calgary T2N 2A4  
283-7591

201, 10580 - 109 Street  
Edmonton T5H 3B2  
426-7020

c/o Fraser House  
9321 - 102 Avenue  
Grande Prairie T8V 0Z2  
539-6932

412, 1412 - 9 Avenue S.  
Lethbridge T1J 4C5  
329-4775

205, 631 Prospect Drive S.W.  
Medicine Hat T1A 4C2  
527-7781

207, 4921 - 49 Street  
Red Deer T4N 1V1  
342-2266

### **Recovery Inc.:**

2220 - 6 Avenue N.W.  
Calgary T2N 0W9  
283-2283

## **Mentally Handicapped — Mentally Retarded**

### **Alberta Association for the Mentally Retarded:**

11728 Kingsway Avenue  
Edmonton T5G 0X5  
451-3055 (Provincial Office)

### **Athabasca & District Association for the Mentally Retarded:**

Box 1558  
Athabasca T0G 0B0  
675-5404

### **Calgary Association of Self-Help:**

1117 Macleod Trail S.E.  
Calgary T2G 2M8  
265-2806/266-8711

### **Calgary Association for the Mentally Retarded:**

303, 1147 - 17 Avenue S.W.  
Calgary T2T 0B7  
244-9335

### **Camrose Association for the Mentally Retarded:**

Box 1913  
Camrose T4V 1X8  
672-4411

### **Centre for the Study of Mental Retardation:**

6-123D Education 2  
University of Alberta  
Edmonton  
432-4439

### **Citizen Advocacy Society:**

201, 1235 - 17 Avenue S.W.  
Calgary T2T 0C2  
244-4371

10632 - 124 Street  
Edmonton T5N 1S3  
482-1135

1818 - 5 Avenue S.  
Lethbridge T1J 0W6  
327-2991

### **Community Behavioral Services:**

12813 - 116 Avenue  
Edmonton T5M 3C8  
427-2065

### **Community Pilot Parents Extension:**

Box 1216  
Rocky Mountain House T0M 1T0  
845-6198 (evenings)

### **District Association of Rehabilitation Services (D.A.R.S.):**

Box 776  
Wainwright T0B 4P0  
842-3080

### **Drayton Valley Association for the Developmentally Handicapped:**

Box 1912  
Drayton Valley T0E 0M0  
542-3440

Drumheller Association for Retarded  
Children:

Box 1227  
Drumheller T0J 0Y0  
823-2713

Edmonton Association for the Mentally  
Retarded:

11130 - 131 Street  
Box 3338, Station D  
Edmonton T5L 4J2  
453-6703

Edson Association for the  
Developmentally Handicapped:

Box 2158  
Edson T0E 0P0

Fairview & District Association for the  
Handicapped:

Box 1826  
Fairview T0H 1L0

Foothills Association for the Mentally  
Retarded:

Box 507  
Coleman T0K 0M0  
563-3585

Fort Chipewyan Association for the  
Handicapped:

General Delivery  
Fort Chipewyan T0A 1G0

Fort McMurray Association for the  
Mentally Retarded:

Box 5086  
Fort McMurray T9H 3G2  
791-3010

Gateway Association for the Mentally  
Handicapped:

201, 10621 - 100 Avenue  
Edmonton T5J 0B3  
423-4022

Grande Cache Association for the  
Handicapped:

Box 1656  
Grande Cache T0E 0Y0

Grande Prairie and District Association  
for the Mentally Retarded:

8702 - 113 Street  
Grande Prairie T8V 6K5  
532-8430

Hanna and District Association for  
Retarded Children:

Box 731  
Hanna T0J 1P0

High Prairie and District Association for  
the Mentally Retarded:

Box 345  
High Prairie T0G 0E0  
523-4561

Lac La Biche & District Association for  
the Handicapped:

Box 158  
Plamondon T0A 2T0  
798-2144

Lakeland Association for the Mentally  
Retarded:

Box 428  
Grand Centre T0A 1T0  
544-3557

Leduc Association for the Handicapped:

4217 - 35 Avenue  
Leduc T9E 3C8  
986-5279

Lethbridge Association for the  
Mentally Retarded:

1818 - 5 Avenue S.  
Lethbridge T1J 0W6  
327-2911

Lloydminster & District Association for  
the Mentally Retarded:

Box 492  
Lloydminster S9V 0A1

Medicine Hat & District Association for  
the Mentally Retarded:

Box 411  
Medicine Hat T1A 7G2  
527-3302

Mountain View Association for the  
Mentally Handicapped:

Box 1743  
Olds T0M 1P0  
556-6266

North Central Association for the  
Mentally Handicapped:

Box 90  
Barrhead T0E 0E0

Peace River & District Association for  
People with Special Needs:

Box 1952  
Peace River T0H 2X0  
624-3316

Red Deer Association for the Mentally  
Retarded:

6016 - 45 Avenue  
Red Deer T4N 3M4  
347-3911

Robin Hood Association for Retarded  
Children:

3 Spruce Avenue  
Sherwood Park T8A 2B6  
467-7140

Smoky River & District Association for  
the Mentally Retarded:

Falher T0H 1M0  
837-2153

Special Programs and Resources for  
Kids (S.P.A.R.K.):

Box 472  
Banff T0L 0C0  
762-3660

Stettler Association for Retarded  
Children:

Box 219  
Stettler T0C 2L0  
882-2255

Strathcona Council for the  
Handicapped:

320 Sioux Road  
Sherwood Park T8A 3X6  
464-4044

St. Albert Association for the  
Handicapped:

13 Mission Avenue  
St. Albert T8N 1H6  
458-7371

St. Paul & District Association for the  
Mentally Retarded:

Box 457  
St. Paul T0A 3A0

Valleyview & District Association for  
the Handicapped:

Box 1283  
Valleyview T0H 3N0

Vegreville Association for the Mentally  
Retarded:

Box 898  
Vegreville T0B 4L0  
632-2418

Vermilion Association for Retarded  
Children:

Box 567  
Vermilion T0B 4M0  
853-4666

Wetaskiwin & District Association for  
the Mentally Retarded:

110, 5108 - 50 Avenue  
Wetaskiwin T9A 0S5  
352-2241

### **Multi-Handicapped**

Alberta Association for the Dependent  
Handicapped:

6312 Fulton Drive  
Edmonton T6A 3V3  
466-6258

Alberta Committee of Consumer  
Groups of Disabled Persons:

4284 - 93 Street  
Edmonton T6A 5P5  
463-5917

Alberta Rehabilitation Council for the  
Disabled:

410, 5920 - 1A Street S.W.  
Calgary T2H 0G3  
259-2602

303 Kingsway Garden Mall  
Edmonton T5G 3A6  
474-8391

Calgary Action Group of the Physically  
Disabled:

c/o 816 - 1 Street S.W.  
Calgary T2P 1N1  
263-9222

Canadian Paraplegic Association:

18131 - 107 Avenue  
Edmonton T5S 1K4  
489-7731 (Provincial Office)

8, 2439 - 54 Avenue S.W.  
Calgary T3E 1M4  
243-4010 (Southern District)

- 18129 - 107 Avenue  
Edmonton T5S 1K4  
484-7725 (Northern District)
- Disabled on the Move:  
610 - 8 Street S.  
Lethbridge T1J 2K1  
327-3999
- Edmonton Action Group of the  
Physically Disabled:  
4284 - 93 Street  
Edmonton T6E 5P5  
463-5917
- Goodwill Rehabilitation Services:  
10215 - 112 Street  
Edmonton T5K 1M7  
426-2255
- Medicine Hat Action Group:  
1720 Bell Street  
Medicine Hat T1A 5G1  
526-5742/526-9410
- Red Deer Action Group of the  
Physically Disabled:  
4620 - 47 Avenue  
Red Deer T4N 6C3  
343-1199
- Rehabilitation Society of Alberta:  
1112 Memorial Drive N.E.  
Calgary T2E 4Z2  
263-8341
- Rehabilitation Society of Southwestern  
Alberta:  
1610 - 29 Street N.  
Lethbridge T1H 5L3  
329-3911
- Medicine Hat Rehabilitation Workshop:  
860 Allowance Avenue S.E.  
Medicine Hat T1A 7S6  
526-5742
- Multiple Sclerosis**  
Multiple Sclerosis Society of Canada:  
620, 10189 - 101 Street  
Edmonton T5J 0T8  
429-2647 (Provincial Office)
- Box 635  
Barrhead T0C 0E0  
674-3513
- 504, 5920 - 1A Street S.W.  
Calgary T2H 0G3  
259-5766
- 5213 - 53 Avenue  
Camrose T4V 0Y7  
672-4235
- Box 256  
Blairmore T0K 0E0  
562-2994
- 641, 10189 - 101 Street  
Edmonton T5J 0T8  
424-6766
- 8605 - 99 Street  
Grande Prairie T8V 2G2  
532-8663
- Box 380  
Grimshaw T0H 1W0  
332-4583
- 2827 - 13 Avenue S.  
Lethbridge T1K 0S9  
327-3215
- 56 Avenue - 43 Street  
Auxiliary Hospital  
Lloydminster  
875-5281
- 93 - 14 Street N.W.  
Medicine Hat T1A 6R5  
527-7969
- Muscular Dystrophy**  
Muscular Dystrophy Association of  
Canada:  
283, 5000 Dalhousie Drive N.W.  
Calgary T3A 1B3  
283-1922/Office J. Flatt
- 1518 - 10 Avenue S.E.  
Calgary T2G 0X3  
265-5988
- 11409 - 86 Street  
Edmonton T5B 3J2  
471-5776 (Provincial Office)

**Neurofibromatosis** (Von  
Recklinghausen's Disease)  
Neurofibromatosis Association of  
Alberta, Canada:  
11144 - 123 Street  
Edmonton T5M 0E5  
453-6060/475-3561

#### **Ostomy**

United Ostomy Association:  
1134 - 8 Avenue S.W.  
Calgary T2P 1J5  
263-3120/267-0775  
  
6315 - 152A Avenue  
Edmonton T5A 1X9  
476-8313  
  
10601 - 100 Street  
Grande Prairie T8V 4S5  
532-3289  
  
Box 1165  
Innisfail T0M 1A0  
227-3532

#### **Paraplegic**

Canadian Paraplegic Association:  
18131 - 107 Avenue  
Edmonton T5S 1K4  
489-7731 (Provincial Office)  
  
8, 2439 - 54 Avenue S.W.  
Calgary T3E 1M4  
243-4010 (Southern District)  
  
18129 - 107 Avenue  
Edmonton T5S 1K4  
484-7725 (Northern District)

#### **Parkinson's Disease**

Parkinson's Society of Alberta:  
2219 Glenwood Drive S.W.  
Calgary T3E 3Y7  
249-0466  
  
10649 Saskatchewan Drive  
Edmonton T6E 4S3  
439-7636

#### **Physically Disabled**

Alberta Committee of Consumer  
Groups of Disabled Persons:  
4284 - 93 Street  
Edmonton T6E 5P5  
463-5917

Alberta Handicapped Communications  
Society:  
4284 - 93 Street  
Edmonton T6E 5P5  
463-5910

Alberta Rehabilitation Council for the  
Disabled:  
410, 5920 - 1A Street S.W.  
Calgary T2H 0G3  
259-2602  
  
303 Kingsway Garden Mall  
Edmonton T5G 3A6  
474-8391

Calgary Action Group of the Physically  
Disabled:  
816 - 1 Street S.W.  
Calgary T2P 1N1  
263-9222

Disabled on the Move:  
610 - 8 Street S.  
Lethbridge T1J 2K1  
327-3999

Edmonton Action Group of the  
Physically Disabled:  
4284 - 93 Street  
Edmonton T6E 5P5  
463-5917

Entrance Society of Calgary  
c/o Rehabilitation Studies Program  
4 Floor, Education Tower  
University of Calgary  
2500 University Drive N.W.  
Calgary T2N 1N4  
284-7492

Medicine Hat Action Group:  
1720 Bell Street  
Medicine Hat T1A 5G1  
526-5742/526-9410

Red Deer Action Group of the  
Physically Disabled:  
4620 - 47 Avenue  
Red Deer T4N 6C3  
343-1199

Rehabilitation Society of Calgary:  
1112 Memorial Drive N.E.  
Calgary T2E 4Z2  
263-8341

Rehabilitation Society of Southwestern  
Alberta:  
1610 - 29 Street N.  
Lethbridge T1H 5L3  
329-3911

Medicine Hat Rehabilitation Workshop:  
860 Allowance Avenue S.E.  
Medicine Hat T1A 7S6  
526-5742

#### **Poliomyelitis**

Canadian Foundation for Poliomyelitis  
& Rehabilitation:  
Box 3067, Station B  
Calgary T2M 4L6  
284-1161

#### **Schizophrenia** — Also (*Mental Health* *see page 85*)

Alberta Friends of Schizophrenics:  
103 Westbrook Drive  
Edmonton T6J 2C8  
435-7657

Canadian Schizophrenia Foundation:  
Box 1527  
Coaldale T0K 0L0  
345-4782  
  
11211 - 53 Avenue  
Edmonton T6H 0S5  
435-5975

#### **Skin Diseases**

Dystrophic Epidermolysis Bullosa  
Research Association (DEBRA):  
c/o Mrs. J. Lizotte  
8709 - 156 Street  
Edmonton T5R 1Y5  
483-7712

Lupus Erythematosus Society of Alberta:  
Box 8154, Station F  
Calgary  
249-9746

**Speech** (*Deaf and Hard of Hearing*  
*see page 82*).

#### **Spina Bifida**

Northern Alberta Spina Bifida Association:  
Box 9501, Postal Station S.E.  
Edmonton T6E 5X2  
462-8060/456-7518

Spina Bifida Association of Southern  
Alberta:  
c/o Mrs. Pat Hopkinson, Secretary  
228 Cannington Place S.W.  
Calgary T2W 1Z8  
281-5028

#### **Stuttering**

Alberta Foundation for Stuttering,  
Research and Treatment:  
c/o Dr. Einor Boberg  
308 Corbett Hall  
University of Alberta  
Edmonton T6G 2G4  
432-5988

**Stroke** (*Heart see page 83*)

#### **Thyroid**

Thyroid Foundation of Canada  
Energy Square  
10109 - 106 Street  
Edmonton T5J 1H3  
475-6387

**Tuberculosis** (*Lung see page 84*)

**Von Recklinghausen's**  
(*Neurofibromatosis see page 89*)

## TELEPHONE COMMUNICATIONS

Alberta Government Telephones and Edmonton Telephones try to make telephone service available to every Albertan, regardless of disability. This is done by consultation, and with specialized equipment.

A free booklet is available from Alberta Government Telephones entitled 'Handicapped? Communications for You,' and can be obtained from the business offices or the A.G.T. Phone Centres.

Blind users of the Edmonton Telephone system may apply to Edmonton Utility Services (call 423-2500) and complete a form to be exempted from Directory Assistance charges.

Big numbers which can be affixed to the telephone dial plate, for those with low vision, are available from Alberta Government Telephones, or the Canadian National Institute for the Blind.

TDD — Information Services (*see page 69*).

## TRANSPORTATION AND DRIVING

To obtain a driver's licence in Alberta, everyone is required to identify any health problems. A medical report may be requested depending on the nature of the problem. Contact your nearest Motor Vehicles Branch, or driver examiner, for complete details.

### A. Driver Training Program

For Physically disabled adults, is available at no charge to residents of Alberta covered by A.H.C.I.P. Contact:

The Glenrose Hospital:  
Occupational Therapy Department  
Convalescent Rehabilitation Unit  
10230 - 111 Avenue  
Edmonton T5G 0B7  
471-2262

### B. Grants

Are available to cities, towns, and municipalities to help with the costs of special transportation services for seniors and disabled persons (*see page 32*). For information call:

Urban Transportation Branch:  
Edmonton  
427-4575

Regional Transportation Services:  
Edmonton  
427-3127

### C. Parking Spaces

For disabled persons are marked by International Access Symbol in most parking areas and are indicated by International Access Symbol sign (*see page 36*).

## **D. Transportation**

Many communities throughout the province offer special transportation services for anyone who cannot use regular means of transportation. For information, call the Community Information Centre (*see page 64*), or municipal office of Family and Community Services (*see page 65*) in your area.

## **E. Vehicle Adaptation**

For information on the adaptation of vehicles for physically disabled drivers, contact:

Canadian Paraplegic Association:

8, 2439 - 54 Avenue S.W.

Calgary T3E 1M4

243-4010

18131 - 107 Avenue

Edmonton T5S 1K4

489-7731

# RESPONSE FORM

Please complete this form and mail it to:

"A Guide to Services for Disabled Albertans"  
Public Communications  
Alberta Social Services and Community Health  
11 Floor, Seventh Street Plaza  
10030 - 107 Street  
Edmonton, Alberta T5J 3E4

## CORRECTIONS OR ADDITIONS TO GUIDE BOOK ENTRIES

Name of Organization:

Page Number(s) in the Guide:

Please indicate changes required:

Your name and phone number (optional):

## EVALUATION

1. Where did you obtain your copy of this Guide?
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In what way(s) did you find it effective/ineffective?
3. Do you have any comments or suggestions regarding the content, or format of this Guide book?

Alberta

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